

SUN	MON	TUE	WED	THUR	FRI	SAT							
					10:00 Balance Class 11:00 Ladies Chit Chat 1:00 Shopping @ Walmart (*) 1:30 Catholic Mass 2:00 Live Show: <i>This Old Hat, Patriots Show</i> 3:30 Golf 7:15 Movie	1 Groundhog Day 10:00 Sittercise 2:00 Piano Music by Buzz Browning 7:15 Movie							
9:00 Church Shuttle (*) 10:00 Church Shuttle (*) 11:00 Spiritual Service 3:00 Channel 96 Movie 5:30 Super Bowl LIII Party	3 10:00 Balance Class 11:00 Corn Hole 2:00 Yoga w/Thomas Blankenship 7:15 Bingo	4	10:00 Sittercise 11:00 Lunch Outing to Dem 2 Brothers (*) 1:00 Pet Visits w/ Kanawha-Charleston Humane Association 1:45 Kroger (*) 2:00 Bible Study w/Rabbi Urecki 7:15 Movie	5	10:00 Balance Class 11:00 Corn Hole 2:00 Bingo	6	10:00 Sittercise 11:00 Oil & Acrylic Class w/ Sharon McClanahan 12:30 Alterations w/ Carolyn 1:00 Yoga w/Thomas Blankenship 1:45 Kroger (*) 2:00 Holy Communion 3:00 Bible Study w/ First Presbyterian Church 3:00 Senior Line Dancing Lessons	7	10:00 Balance Class 11:00 Men's Bull Session 1:00 Shopping @ Dollar Tree (*) 3:30 Golf 7:15 Movie	8	10:00 Sittercise 12:30 Brownie Social 6:45 WV Symphony Pop Series (*) 7:15 Movie	9	
9:00 Church Shuttle (*) 10:00 Church Shuttle (*) 11:00 Spiritual Service 3:00 Channel 96 Movie 6:00 Movie	10	10:00 Balance Class 11:00 Corn Hole 1:30 Dementia Hour & Support Group 2:00 Yoga w/Thomas Blankenship 7:15 Bingo	11	10:00 Sittercise 11:00 Sing-A-Long to the Oldies 1:00 Spiritual Service 1:30 Labeling for Read Aloud 1:45 Kroger (*) 7:15 Movie	12	10:00 Balance Class 11:00 Corn Hole 12:00 Chair Massages by Opportunity Massage 2:00 Check Cashing 2:00 Bingo 7:15 West Virginia's Floating Capital Presented by Dr. Billy Joe Peyton	13	Valentine's Day 10:00 Mary's Prayer Circle 10:00 Sittercise 11:00 Oil & Acrylic Class w/ Sharon McClanahan 1:00 Yoga w/Thomas Blankenship 1:45 Kroger (*) 3:00 Bible Study w/ First Presbyterian Church 3:00 Sweet Heart Dance 5:00 Piano Music by Steve Smarr	14	10:00 Balance Class 11:00 Ladies Chit Chat 1:00 Shopping @ Drug Emporium (*) 2:00 Laughter Yoga 3:30 Golf 7:15 Movie	15	10:00 Sittercise 2:00 Gospel Music by The Swor Family 7:15 Movie	16
9:00 Church Shuttle (*) 10:00 Church Shuttle (*) 11:00 Spiritual Service 3:00 Channel 96 Movie 6:00 Movie	17	Presidents' Day 10:00 Balance Class 11:00 Corn Hole 1:00 Monthly Birthday Celebration 2:00 Yoga w/Thomas Blankenship 3:30 Pneumonia & Other Vaccines Presented by Charleston Internal Medicine 7:15 Bingo	18	10:00 Sittercise 1:30 Drumming Class 1:45 Kroger (*) 3:00 Pet Visits w/ Kanawha-Charleston Humane Association 4:00 Dinner Trip to Aladdin's Restaurant (*) 7:15 Movie	19	10:00 Balance Class 11:00 Corn Hole 1:00 Blood Pressure Check	20	10:00 Sittercise 11:00 Oil & Acrylic Class w/ Sharon McClanahan 12:30 Alterations w/Carolyn 1:00 Yoga w/Thomas Blankenship 1:45 Kroger (*) 3:00 Bible Study w/ First Presbyterian Church 3:00 Senior Line Dancing Lessons 5:00 Renaissance Art & Anatomy @ Clay Center (*) 7:15 Bingo	21	10:00 Balance Class 11:00 Men's Bull Session 1:00 Shopping @ Big Lots (*) 3:30 Golf 7:30 Entertainment by Mark Scarpelli & Ryan Hardman	22	10:00 Sittercise 2:00 WVU vs Baylor Basketball Game 7:15 Movie	23
9:00 Church Shuttle (*) 10:00 Church Shuttle (*) 11:00 Spiritual Service 3:00 Channel 96 Movie 6:00 Movie	24	10:00 Balance Class 11:00 Corn Hole 2:00 Yoga w/Thomas Blankenship 7:15 Bingo	25	10:00 Sittercise 11:00 Mardi Gras Casino Trip and Lunch (*) 1:45 Kroger (*) 3:00 "Heart Health" Healthy Living and Wellness by Genesis Rehab 7:15 Movie	26	10:00 Balance Class 11:00 Corn Hole 1:30 Edgewood Summit Garden Club 2:00 Check Cashing 2:00 Bingo	27	10:00 Sittercise 11:00 Oil & Acrylic Class w/ Sharon McClanahan 1:00 Yoga w/Thomas Blankenship 1:45 Kroger (*) 3:00 Bible Study w/ First Presbyterian Church 3:00 WVU w/ OLLI Class "Made and Grown in WV" Presented by Ed Johnson	28				

February 2019

IL Print
300 Baker Lane Charleston, WV 25302 (304) 346-2323

