

SUN**MON****TUE****WED****THUR****FRI****SAT**

		New Year's Day Dining Room Hours 12-3 11:00 Color & Relaxation 3:00 Channel 96 Movie 7:15 Movie	1	10:00 Balance Class 11:00 Corn Hole 2:00 Wii Crossword 3:00 Bible Trivia & Daily Assurances	2	10:00 Sittercise 11:00 Bingo 12:30 Alterations w/ Carolyn 1:45 Kroger (*) 2:00 Holy Communion 3:00 Bible Study w/ First Presbyterian Church 4:00 New Years Trivia 4:00 The I Love Lucy Show	3	10:00 Balance Class 11:00 Ladies Chit Chat 1:00 Shopping @ Walmart (*) 1:30 Catholic Mass 2:00 Live Stream of Harold Arlen 3:30 Hearts Card Game 7:15 Movie	4	10:00 Sittercise 11:00 Bingo 2:00 Piano Concert & Sing Along to Old Standards w/Mark Caldwell 3:00 Gospel Sing with Ryan Fox 7:15 Movie	5		
9:00 Church Shuttle (*) 10:00 Church Shuttle (*) 11:00 Spiritual Service 3:00 Appalachian Children's Chorus 3:00 Channel 96 Movie 6:00 Movie	6	10:00 Balance Class 11:00 Corn Hole 3:00 12 Months of Countries-Chile	7	10:00 Sittercise 11:00 Sing-A-Long to the Oldies 1:00 Spiritual Service 1:45 Kroger (*) 3:00 A Little Humor 4:00 The Andy Griffith Show 4:30 Dinner Trip to Fazios (*) 7:15 Movie	8	10:00 Balance Class 11:00 Corn Hole 12:00 Chair Massages by Opportunity Massages 2:00 Check Cashing 2:00 Wii Crossword 3:00 Bible Reading-New Beginnings	9	10:00 Sittercise 11:00 Bingo 1:45 Kroger (*) 2:00 Cooking Class: Let's Make Pimento Spread 3:00 Bible Study w/ First Presbyterian Church 3:00 Random Trivia	10	10:00 Balance Class 11:00 Men's Bull Session 1:00 Shopping @ Dollar Tree (*) 2:00 History Alive Program! Harriett Tubman 3:30 Hearts Card Game 7:15 Movie	11	10:00 Sittercise 11:00 Bingo 6:45 WV Symphony Symphonic Series (*) 7:15 Movie	12
9:00 Church Shuttle (*) 10:00 Church Shuttle (*) 11:00 Spiritual Service 3:00 Channel 96 Movie 6:00 Movie	13	10:00 Balance Class 11:00 Corn Hole 1:30 Dementia Hour & Support Group 2:00 Balloonerise 3:00 Discovering Latvia	14	10:00 Sittercise 11:00 Lunch Outing to First Watch (*) 11:00 Bingo 1:00 Foam Hockey 1:30 Drumming Class 1:45 Kroger (*) 3:00 Resident Association Meeting 4:00 The Andy Griffith Show 7:15 Movie	15	10:00 Balance Class 11:00 Corn Hole 1:00 Blood Pressure Check 2:00 Awesome Auction 3:00 Ridgemont Meeting	16	10:00 Sittercise 11:00 Bingo 12:30 Alterations w/ Carolyn 1:45 Kroger (*) 2:00 Brain Teasers 3:00 Bible Study w/ First Presbyterian Church 4:00 I Love Lucy Show	17	10:00 Balance Class 11:00 Ladies Chit Chat 1:00 Shopping @ Drug Emporium (*) 2:00 Laughter Yoga 3:00 2nd Floor Hat Social 7:15 Movie	18	10:00 Sittercise 11:00 Bingo 2:00 Slide Show: The Rise and Fall of the Bathtub 7:15 Movie	19
World Religion Day 9:00 Church Shuttle (*) 10:00 Church Shuttle (*) 11:00 Spiritual Service 1:30 Light Opera Guild Presents "Mama Mia" (*) 3:00 Channel 96 Movie 6:00 Movie	20	Martin Luther King Day Full Moon 10:00 Balance Class 11:00 Corn Hole 1:00 Monthly Birthday Celebration 2:30 Kindness Rock Painting	21	10:00 Sittercise 11:00 Bingo 1:45 Kroger (*) 3:00 Beachball Soccer 4:00 The Andy Griffith Show 7:15 Spanish Civil War Presented by Chris Reed	22	10:00 Balance Class 11:00 Corn Hole 2:00 Check Cashing 2:00 Wii Crossword 3:00 Bible Reading-New Beginnings 7:15 Bill Bryan Performs	23	10:00 Sittercise 11:00 Bingo 1:30 Labeling for Read Aloud 1:45 Kroger (*) 2:00 Men's Group: College Bowl Games 3:00 Bible Study w/ First Presbyterian Church 4:00 I Love Lucy Show	24	10:00 Balance Class 11:00 Men's Bull Session 1:00 Shopping @ Target (*) 2:00 Junk Drawer Detective 3:30 Hearts Card Game 7:15 Movie	25	10:00 Sittercise 11:00 Bingo 12:30 Sundae Social 7:15 Movie	26
9:00 Church Shuttle (*) 10:00 Church Shuttle (*) 11:00 Spiritual Service 3:00 Channel 96 Movie 6:00 Movie	27	10:00 Balance Class 11:00 Corn Hole 4:00 O' The Places You Will Go: RT 66	28	10:00 Sittercise 11:00 Lunch Outing to Olive Tree (*) 11:00 Bingo 1:45 Kroger (*) 2:00 This was the Year: 2000 3:00 "Old acquaintance we forgot?" By Genesis Rehab & Free Screenings 4:00 The Andy Griffith Show 7:15 Winter Ball with Arlen Bishop	29	10:00 Balance Class 11:00 Corn Hole 1:30 EWS Garden Club 2:00 Wii Crossword 3:00 Bible Reading-New Beginnings	30	10:00 Sittercise 11:00 Bingo 1:45 Kroger (*) 2:00 Educational Seminar: Hospice Care & Palliative Care 3:00 Bible Study w/ First Presbyterian Church 4:00 Who, What, When & Where 4:00 I Love Lucy Show	31				

January 2019

AL Print

300 Baker Lane Charleston, WV 25302 (304) 346-2355

