

SUN	MON	TUE	WED	THUR	FRI	SAT
		<b>New Year's Day Dining Hours</b> 12-3 <b>3:00 Channel 96 Movie</b> 7:15 Movie	<b>1</b> 10:00 Balance Class 11:00 Corn Hole 2:00 Bingo	<b>2</b> 10:00 Sittercise <b>11:00 Oil &amp; Acrylic Class w/ Sharon McClanahan</b> 12:30 Alterations w/Carolyn 1:45 Kroger (*) <b>2:00 Holy Communion</b> <b>3:00 Bible Study w/ First Presbyterian Church</b>	<b>3</b> 10:00 Balance Class <b>11:00 Ladies Chit Chat</b> 1:00 Shopping @ Walmart (*) 1:30 Catholic Mass <b>2:00 Live Stream of Harold Arlen</b> 3:30 Golf 7:15 Movie	<b>4</b> 10:00 Sittercise <b>2:00 Piano Concert &amp; Sing Along to Old Standards w/Mark Caldwell</b> 7:15 Movie
<b>6</b> 9:00 Church Shuttle (*) 10:00 Church Shuttle (*) 11:00 Spiritual Service <b>3:00 Appalachian Children's Chorus</b> 3:00 Channel 96 Movie 6:00 Movie	<b>7</b> 10:00 Balance Class 11:00 Corn Hole <b>2:00 Yoga w/Thomas Blankenship</b> 7:15 Bingo	<b>8</b> 10:00 Sittercise 11:00 Sing-A-Long to the Oldies 1:00 Spiritual Service 1:45 Kroger (*) <b>4:30 Dinner Trip to Fazios (*)</b> 7:15 Movie	<b>9</b> 10:00 Balance Class 11:00 Corn Hole <b>12:00 Chair Massages by Opportunity Massages</b> 2:00 Check Cashing 2:00 Bingo	<b>10</b> 10:00 Sittercise <b>11:00 Oil &amp; Acrylic Class w/ Sharon McClanahan</b> 1:45 Kroger (*) 3:00 Bible Study w/ First Presbyterian Church <b>3:00 Senior Line Dancing</b>	<b>11</b> 10:00 Balance Class <b>11:00 Men's Bull Session</b> 1:00 Shopping @ Dollar Tree (*) <b>2:00 History Alive Program! Harriett Tubman</b> 3:30 Golf 7:15 Movie	<b>12</b> 10:00 Sittercise <b>6:45 WV Symphony Symphonic Series (*)</b> 7:15 Movie
<b>13</b> 9:00 Church Shuttle (*) 10:00 Church Shuttle (*) 11:00 Spiritual Service 3:00 Channel 96 Movie 6:00 Movie	<b>14</b> 10:00 Balance Class 11:00 Corn Hole <b>1:30 Dementia Hour &amp; Support Group</b> <b>2:00 Yoga w/Thomas Blankenship</b> 7:15 Bingo	<b>15</b> 10:00 Sittercise <b>11:00 Lunch Outing to First Watch (*)</b> <b>1:30 Drumming Class</b> 1:45 Kroger (*) <b>3:00 Resident Association Meeting</b> 7:15 Movie	<b>16</b> 10:00 Balance Class 11:00 Corn Hole 1:00 Blood Pressure Check 2:00 Bingo	<b>17</b> 10:00 Sittercise <b>11:00 Oil &amp; Acrylic Class w/ Sharon McClanahan</b> 12:30 Alterations w/Carolyn 1:45 Kroger (*) <b>3:00 Bible Study w/ First Presbyterian Church</b>	<b>18</b> 10:00 Balance Class <b>11:00 Ladies Chit Chat</b> 1:00 Shopping @ Drug Emporium (*) <b>2:00 Laughter Yoga</b> 3:30 Golf 7:15 Movie	<b>19</b> 10:00 Sittercise <b>3:00 Wii Bowling</b> 7:15 Movie
<b>20</b> 9:00 Church Shuttle (*) 10:00 Church Shuttle (*) 11:00 Spiritual Service <b>1:30 Light Opera Guild Presents "Mama Mia" (*)</b> 3:00 Channel 96 Movie 6:00 Movie	<b>21</b> Martin Luther King Day 10:00 Balance Class 11:00 Corn Hole <b>1:00 Monthly Birthday Celebration</b> <b>2:00 Yoga w/Thomas Blankenship</b> 7:15 Bingo	<b>22</b> 10:00 Sittercise 1:45 Kroger (*) <b>7:15 Spanish Civil War Presented by Chris Reed</b>	<b>23</b> 10:00 Balance Class 11:00 Corn Hole 2:00 Check Cashing 2:00 Bingo <b>7:15 Bill Bryan Performs</b>	<b>24</b> 10:00 Sittercise <b>11:00 Oil &amp; Acrylic Class w/ Sharon McClanahan</b> 1:30 Labeling for Read Aloud 1:45 Kroger (*) <b>3:00 Bible Study w/ First Presbyterian Church</b>	<b>25</b> 10:00 Balance Class <b>11:00 Men's Bull Session</b> 1:00 Shopping @ Target (*) 3:30 Golf 7:15 Movie	<b>26</b> 10:00 Sittercise <b>12:30 Sundaes Social</b> 7:15 Movie
<b>27</b> 9:00 Church Shuttle (*) 10:00 Church Shuttle (*) 11:00 Spiritual Service 3:00 Channel 96 Movie 6:00 Movie	<b>28</b> 10:00 Balance Class 11:00 Corn Hole <b>2:00 Yoga w/Thomas Blankenship</b> <b>3:00 Cranium Crunches</b> 7:15 Bingo	<b>29</b> 10:00 Sittercise <b>11:00 Lunch Outing to Olive Tree (*)</b> 1:45 Kroger (*) <b>3:00 "Old acquaintance we forgot?" By Genesis Rehab &amp; Free Screenings</b> <b>7:15 Winter Ball with Arlen Bishop</b>	<b>30</b> 10:00 Balance Class 11:00 Corn Hole <b>1:30 EWS Garden Club</b> 2:00 Bingo	<b>31</b> 10:00 Sittercise <b>11:00 Oil &amp; Acrylic Class w/ Sharon McClanahan</b> 1:45 Kroger (*) <b>2:00 Educational Seminar: Hospice Care &amp; Palliative Care</b> <b>3:00 Bible Study w/ First Presbyterian Church</b>		

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