



SUN	MON	TUE	WED	THUR	FRI	SAT
<b>KENTUCKY DERBY.</b> <b>150</b> <i>Date: Saturday, May 3rd</i> <i>Party Starts at 5:30 p.m.</i>		Please use the registration sheet to sign up for any event with an asterisk (*) next to it.		10:00 Sittercise <b>11:00 Bible Study w/ Rev. Dr. Timothy Bias</b> <b>11:00 Flex &amp; Flow with Mary Louise King</b> 12:30 Alterations w/Carolyn 1:00 Channel 96: Gentle Yoga 1:45 Kroger (*)	10:00 Balance Class <b>10:00 WVU OLLI Class Pre-Columbian Art: Incan (*)</b> <b>11:00 Next Level Fit with Christian Burch</b> 1:00 Shopping @ Walmart (*) <b>1:30 Catholic Mass</b> 3:30 Golf 7:15 Movie	10:00 Sittercise 1:00 Channel 96: Seated Exercises 1:30 Channel 96: Balance Skills & Drill <b>2:00 Makers Space Workshop</b> <b>5:30 Kentucky Derby Party</b> <b>6:45 WV Symphony Season Finale! (*)</b> 7:15 Movie
9:00 Church Shuttle (*) 10:00 Channel 96: Catholic Mass 10:00 Church Shuttle (*) <b>11:00 Spiritual Service</b> 1:00 Channel 96: Seated Exercises 1:30 Channel 96: Balance Skills & Drill <b>1:30 First Presbyterian Church Communion</b> <b>2:30 Channel 96: Bible Study for Beginners</b> <b>3:00 Catholic Mass with Fr. John Finnell</b> 6:00 Movie	<b>Cinco de Mayo</b> 10:00 Balance Class <b>11:00 Next Level Fit with Christian Burch</b> 2:00 Bingo 2:00 Channel 96: Gentle Yoga <b>3:30 Conversations in French and French Culture with Frank Martin</b> <b>4:00 Cinco De Mayo Party</b>	10:00 Sittercise <b>11:00 Sing-A-Long to the Oldies</b> 1:00 Channel 96: Seated Exercises 1:30 Channel 96: Balance Skills & Drills 1:45 Kroger (*) 7:15 Movie	10:00 Balance Class <b>11:00 A Room with Many Views w/ Rev. Jim Lewis</b> 2:00 Bingo 3:30 Golf <b>7:00 Prayer Circle Meeting</b>	10:00 Sittercise <b>11:00 Bible Study with Rev. Dr. Timothy Bias</b> <b>11:00 Flex &amp; Flow with Mary Louise King</b> 1:00 Channel 96: Gentle Yoga 1:45 Kroger (*) <b>6:45 Broadway Series "Chicago" at the Clay Center (*)</b>	10:00 Balance Class <b>10:00 WVU OLLI Class Pre-Columbian Art: Toltec (*)</b> <b>11:00 Next Level Fit with Christian Burch</b> 1:00 Shopping @ Dollar Tree (*) 3:30 Golf 7:15 Movie	10:00 Sittercise 1:00 Channel 96: Seated Exercises <b>1:00 Coke Float Social</b> 1:30 Channel 96: Balance Skills & Drill <b>2:00 Makers Space Workshop</b> 7:15 Movie
<b>Mother's Day</b> 9:00 Church Shuttle (*) 10:00 Channel 96: Catholic Mass 10:00 Church Shuttle (*) 11:00 Channel 96: Spiritual Service w/ Dr. Charles Stanley <b>11:00 Spiritual Service</b> 1:00 Channel 96: Seated Exercises 1:30 Channel 96: Balance Skills & Drill <b>2:30 Channel 96: Bible Study for Beginners</b> <b>3:00 Catholic Communion</b> 6:00 Movie	<b>Full Moon</b> 10:00 Balance Class <b>11:00 Next Level Fit with Christian Burch</b> 2:00 Bingo 2:00 Channel 96: Gentle Yoga <b>3:30 Conversations in French and French Culture with Frank Martin</b>	10:00 Sittercise <b>10:30 Massages by The Massage &amp; Reiki Center (*)</b> <b>11:00 Food Truck Triple B Eatery</b> 1:00 Channel 96: Seated Exercises <b>1:00 Holy Communion With St. Marks Methodist Church</b> <b>1:00 Read Aloud &amp; Story Time</b> 1:30 Channel 96: Balance Skills & Drills 1:45 Kroger (*) <b>3:00 Resident Association Meeting</b> <b>4:30 Dinner Trip to Longhorn (*)</b> 2:00 Movie	10:00 Balance Class <b>11:00 A Room with Many Views w/ Rev. Jim Lewis</b> <b>1:30 Dementia &amp; Alzheimer's Support Group</b> <b>2:00 Check Cashing</b> <b>3:00 Celebration of Life Service in Memory of Ken Gosnell</b> <b>7:00 Prayer Circle Meeting</b>	10:00 Sittercise <b>11:00 Bible Study with Rev. Dr. Timothy Bias</b> <b>11:00 Blood Pressure Check</b> <b>11:00 John Adams Middle School Chorus</b> 12:30 Alterations w/Carolyn 1:00 Channel 96: Gentle Yoga <b>1:00 WVU OLLI Class Waterfalls of WV Steven Holsclaw (*)</b> 1:45 Kroger (*)	10:00 Balance Class <b>10:00 WVU OLLI Class: Pre-Columbian Art Aztec (*)</b> <b>11:00 Next Level Fit with Christian Burch</b> 1:00 Shopping @ Drug Emporium (*) 3:30 Golf <b>6:15 Music at First Presbyterian &amp; The Amazing Technicolor Dreamcoat in Concert (*)</b> 7:15 Movie	10:00 Sittercise 1:00 Channel 96: Seated Exercises 1:30 Channel 96: Balance Skills & Drill <b>2:00 Makers Space Workshop</b> <b>3:00 Andrew Jackson Middle School Band Performs</b> 7:15 Movie
9:00 Church Shuttle (*) 10:00 Channel 96: Catholic Mass 10:00 Church Shuttle (*) 11:00 Channel 96: Spiritual Service w/ Dr. Charles Stanley <b>11:00 Spiritual Service</b> 1:00 Channel 96: Seated Exercises 1:30 Channel 96: Balance Skills & Drill <b>2:30 Channel 96: Bible Study for Beginners</b> <b>3:00 Catholic Communion</b> 6:00 Movie	10:00 Balance Class <b>11:00 Next Level Fit with Christian Burch</b> <b>1:00 Monthly Birthday Celebration</b> 2:00 Bingo 2:00 Channel 96: Gentle Yoga <b>3:00 Kanawha Charleston Humane Association Pet Visits</b> <b>3:30 Conversations in French and French Culture with Frank Martin</b> <b>5:30 Parkinsons Support Group Meeting at Blessed Sacrament (*)</b>	10:00 Sittercise <b>11:00 Lunch Outing to Albuquerque Southwest Bar &amp; Grill (*)</b> <b>11:00 Sing-A-Long with Phyllis</b> 1:00 Channel 96: Seated Exercises 1:30 Channel 96: Balance Skills & Drills 1:45 Kroger (*) <b>3:00 Celebration of Life Ceremony</b> 7:15 Movie	10:00 Balance Class <b>11:00 A Room with Many Views w/ Rev. Jim Lewis</b> <b>11:00 Employee Activities Committee Hamburger &amp; Hotdog Fundraiser</b> 2:00 Bingo 3:30 Golf <b>7:00 Prayer Circle Meeting</b>	10:00 Sittercise <b>11:00 Bible Study with Rev. Dr. Timothy Bias</b> <b>11:00 Flex &amp; Flow with Mary Louise King</b> 1:00 Channel 96: Gentle Yoga 1:45 Kroger (*) <b>3:00 Sock Hop with Arlen Bishop</b> <b>4:00 Bible Study w/ Rabbi Urecki &amp; Rev. Jim Lewis</b>	10:00 Balance Class <b>11:00 Next Level Fit with Christian Burch</b> <b>1:00 Chit Chat</b> 1:00 Shopping @ Target (*) 3:30 Golf 7:15 Movie	10:00 Sittercise 1:00 Channel 96: Seated Exercises 1:30 Channel 96: Balance Skills & Drill <b>2:00 Makers Space Workshop</b> 7:15 Movie
9:00 Church Shuttle (*) 10:00 Channel 96: Catholic Mass 10:00 Church Shuttle (*) 11:00 Channel 96: Spiritual Service w/ Dr. Charles Stanley <b>11:00 Spiritual Service</b> 1:00 Channel 96: Seated Exercises 1:30 Channel 96: Balance Skills & Drill <b>2:30 Channel 96: Bible Study for Beginners</b> <b>3:00 Catholic Communion</b> 6:00 Movie	<b>Memorial Day Dining Room Hours 12-2:30 p.m.</b> 10:00 Balance Class 2:00 Bingo 2:00 Channel 96: Gentle Yoga 7:15 Movie	10:00 Sittercise <b>11:00 Lunch Outing to Quarrier Diner (*)</b> 1:00 Channel 96: Seated Exercises <b>1:00 Read Aloud &amp; Story Time</b> 1:30 Channel 96: Balance Skills & Drills 1:45 Kroger (*) <b>7:15 Charleston Metro Band &amp; Smores</b>	10:00 Balance Class <b>11:00 A Room with Many Views w/ Rev. Jim Lewis</b> 2:00 Bingo <b>2:00 Check Cashing</b> 3:30 Golf <b>7:00 Prayer Circle Meeting</b>	10:00 Sittercise <b>11:00 Bible Study with Rev. Dr. Timothy Bias</b> <b>11:00 Flex &amp; Flow with Mary Louise King</b> 1:00 Channel 96: Gentle Yoga 1:45 Kroger (*) <b>3:00 Edgewood Summit's Got Talent Show</b>	10:00 Balance Class <b>11:00 Next Level Fit with Christian Burch</b> <b>2:00 Meet the Authors of Lives Intertwined, The Legacy of Murder on Staunton Road</b> 3:30 Golf 7:15 Movie	10:00 Sittercise 1:00 Channel 96: Seated Exercises 1:30 Channel 96: Balance Skills & Drill <b>2:00 Makers Space Workshop</b> <b>2:00 Violin Recital Students of Jennifer Wood Perform</b> 7:15 Movie