## TUE WED **THUR FRI** 9:00 Church Shuttle (\*) 10:00 Balance Class 10:00 Sittercise 10:00 Balance Class 10:00 Sittercise **D-Day** 10:00 Sittercise 10:00 Channel 96: Catholic Mass 11:00 Lunch Outing to 11:00 Next Level Fit 10:00 Balance Class 1:00 Channel 96: Seated 11:00 A Room with 11:00 Bible Study 10:00 Church Shuttle (\*) Fairplain Yacht 11:00 Next Level Fit with Christian Burch Exercises 11:00 Spiritual Service with Rev. Dr. Many Views w/ 1:00 Channel 96: Seated Exercises Club (\*) with Christian Burch 1:30 Channel 96: Balance Skills & 2:00 Bingo Timothy Bias :30 Channel 96: Balance Skills & Drill Rev. Jim Lewis 11:00 Sing-A-Long to the Oldies 1:00 Shopping @ Walmart (\*) Drill 2:00 Channel 96: Gentle Yoga 11:00 Flex & Flow with 1:30 First Presbyterian Church 1:00 Channel 96: Seated Exercises 2:00 Bingo 3:30 Golf 2:00 Makers Space Workshop 3:30 Conversations in French Communion Mary Louise King 1:30 Channel 96: Balance Skills & 2:30 Channel 96: Bible Study for 4:00 Meet and Greet with Bill 2:00 The Kitchen Sink-O-Paters and French Culture with 3:30 Golf Drills 1:00 Channel 96: Gentle Yoga **Beginners** Moore, Powerback Rehab (Dixieland Music) Frank Martin 3:00 Catholic Mass with Fr. John Finnell 7:00 Prayer Circle 1:45 Kroger (\*) 1:45 Kroger (\*) Director 7:15 Movie 4:00 Team Trivia with Bob (\*) 7:15 Movie Meeting 7:15 Movie 9:00 Church Shuttle (\*) **Full Moon** 10:00 Balance Class 10:00 Sittercise 10:00 Balance Class 10:00 Sittercise Flag Day 10:00 Channel 96: Catholic Mass 10:00 Balance Class 11:00 Bible Study with 11:00 Next Level Fit 1:00 Channel 96: 10:00 Sittercise 11:00 Next Level 10:00 Church Shuttle (\*) 11:00 A Room with Many Rev. Dr. Timothy Bias 11:00 Channel 96: Spiritual with Christian 1:00 Channel 96: Seated Exercises Fit with Views w/ Rev. Jim Lewis 11:00 Flex & Flow with Mary Service w/ Dr. Charles Stanley Burch 1:00 Read Aloud & Story **Seated Exercises** 1:30 Dementia & Alzheimer's 11:00 Spiritual Service Christian Burch Louise King 1:30 Channel 96: Balance :00 Channel 96: Seated Exercises 2:00 Bingo Time Support Group 11:00 Triple B Eatery Food 1:00 Shopping @ Dollar :30 Channel 96: Balance Skills & Drill 2:00 Bingo 2:00 Channel 96: Gentle Yoga 1:30 Channel 96: Balance Skills & Drill 2:30 Channel 96: Bible Study for Truck 2:00 Check Cashing Tree (\*) 3:30 Conversations in Skills & Drills 2:00 Makers Space Beginners 1:00 Channel 96: Gentle Yoga 3:30 Golf 3:00 Catholic Communion 3:30 Golf French and French Culture 1:45 Kroger (\*) Workshop 1:45 Kroger (\*) 7:00 Prayer Circle Meeting 6:00 Movie 7:15 Movie with Frank Martin 7:15 Movie 7:15 Movie 10:00 Balance Class 10:00 Sittercise Juneteenth Father's Day 12:00 West Virginia 10:00 Sittercise 10:00 Balance Class 9:00 Church Shuttle (\*) 10:00 Sittercise 11:00 Next Level Fit with 11:00 Sing-A-Long with Day BBQ & Brews (\*) 1:00 Channel 96: Seated 11:00 A Room with 10:00 Channel 96: Catholic Mass 11:00 Bible Study with Leslie Phyllis and Special Guests Christian Burch 0:00 Church Shuttle (\*) 1:00 Shopping @ Drug Exercises Many Views w/ 1:00 Monthly Birthday Ed & Marilyn Gaunch 11:00 Channel 96: Spiritual Service w/ Dr. 11:00 Blood Pressure Check 1:30 Channel 96: Balance Skills & Emporium (\*) 1:00 Channel 96: Seated Exercises Rev. Jim Lewis Charles Stanley Celebration 11:00 Flex & Flow with Mary Louise King Drill 11:00 Spiritual Service 1:30 Channel 96: Balance Skills & 2:00 Kanawha County 2:00 Bingo 11:00 Employee Activities 11:30 Lunch Outing to Eagles Nest & :00 Channel 96: Seated Exercises 2:00 Makers Space Workshop Drills 2:00 Channel 96: Gentle Yoga **Humane Association Pet** Lounge (\*) Committee Car Wash (\*) 1:15 Light Opera Guild: "Heathers the 1:45 Kroger (\*) 3:30 Conversations in French and 12:30 Alterations w/Carolyn 2:00 The Au Naturel Rhythm **Visits** Musical" (\*) 7:15 Games & Giggles with Lee & 1:00 Channel 96: Gentle Yoga 2:00 Bingo French Culture with Frank Martin Generators (Old-Time Music :30 Channel 96: Balance Skills & Drill 3:30 Golf 1:45 Kroger (\*) Haley Dean 2:30 Channel 96: Bible Study for Beginners 5:30 Parkinsons Support Group 3:30 Golf with a Comic Flair) 2:30 WVU OLLI Open House (\*) 3:00 Catholic Communion 7:15 Movie 7:15 Movie Meeting at Blessed Sacrament (\*) 7:00 Prayer Circle Meeting 7:15 Movie 6:00 Movie 9:00 Church Shuttle (\*) 10:00 Sittercise 10:00 Balance Class 10:00 Sittercise 10:00 Balance Class 10:00 Balance Class 10:00 Sittercise 10:00 Channel 96: Catholic Mass 10:00 WVU OLLI Class: 10:30 Massages by The 11:00 A Room with 1:00 Channel 96: 11:00 Next Level Fit 11:00 Bible Study 10:00 Church Shuttle (\*) War World War II Massage & Reiki Many Views w/ Rev. **Seated Exercises** 11:00 Channel 96: Spiritual with Christian with Leslie Fish Cartoonist Bill Mauldin Center (\*) Service w/ Dr. Charles Stanley Jim Lewis 1:00 Ice-Cream Sundae Social Burch 11:00 Flex & Flow with presented by Mel Cann (\*) 11:00 Spiritual Service 1:00 Channel 96: Seated Exercises 2:00 Bingo 1:30 Channel 96: Balance Skills 1:00 Channel 96: Seated Exercises 2:00 Bingo Mary Louise King 11:00 Next Level Fit with 1:00 Read Aloud and Story Time 2:00 Check Cashing 1:30 Channel 96: Balance Skills & Drill & Drill Christian Burch 2:00 Channel 96: Gentle Yoga 1:00 Channel 96: Gentle Yoga 1:30 Channel 96: Balance Skills & 3:00 Shopping Blenko & Dinner 2:30 Channel 96: Bible Study for 1:00 Chit Chat 2:00 Makers Space Workshop Beginners 3:30 Conversations in Drills 1:45 Kroger (\*) La Banca (\*) 1:00 Shopping @ Target (\*) 7:15 Movie 3:00 Catholic Communion 1:45 Kroger (\*) French and French Culture 3:00 Beach Bash with Arlen 3:30 Golf 3:30 Golf 6:00 Movie 7:15 Movie with Frank Martin 7:00 Prayer Circle Meeting Bishop 7:15 Movie CAR 9:00 Church Shuttle (\*) 10:00 Balance Class 11:00 Next Level Fit 10:00 Channel 96: Catholic Mass Please use the 10:00 Church Shuttle (\*) WASH 11:00 Channel 96: Spiritual with Christian registration sheet to Service w/ Dr. Charles Stanley Wednesday, June 18, 2025 Burch 11:00 Spiritual Service sign up for any event 11:00a.m. -3:00 p.m. 1:00 Channel 96: Seated Exercises 2:00 Bingo 1:30 Channel 96: Balance Skills & Drill Call the Lifestyle Department to 2:00 Channel 96: Gentle Yoga with an asterisk (\*) 2:30 Channel 96: Bible Study for schedule an appointment at (304) 3:30 Conversations in Beginners 347-1955 or (304) 347-1942. Donations next to it. 3:00 Catholic Communion French and French Culture accepted. All proceeds go towards the HAPPY WEST VIRGINIA DAY! with Frank Martin **Employee Christmas Party. June** 2025





