

### **Celebrating July**



**Canada Day** July 1

**Tom Sawyer Days** July 1–5

**Independence Day** July 4

Collector Car Appreciation Day and Cheer Up the Lonely Day July 11

Everybody Deserves a Massage Week July 13–19

> **Moon Day** July 20

Hammock Day July 22

Paperback Book Day July 30





**July 2025** 

### **Executive View**

Edgewood Summit first opened its doors in 1995. Edgewood Summit Inc. was established as a nonprofit organization in 1990 after Thomas Newton Jr. and other leaders in the Kanawha Valley realized there was an exodus of seniors moving to other states int their retirement years. There were no retirement communities in West Virginia at the time.

They offered 90 Independent Living Apartments and 40 apartments in The Ridgemont. In 2001 Our Community continued to grow as we added an additional 37 Independent Living Apartments. In 2013, The Arthur B. Hodges Center opened, providing memory care, skilled nursing and rehabilitation services. The Center was named for the benefactor of the Phase III project, these new levels of care make Edgewood Summit a true Continuing Care Retirement Community the only one of its kind in Charleston, WV, and one of only 4 in the state.

Edgewood Summit is now celebrating its 30<sup>th</sup> anniversary throughout the month. Residents will be celebrating with some familiar faces Bob Thompson and John Slicer. Both entertainers were here for Edgewood Summit's First Anniversary party in 1996.

At Edgewood Summit, we consistently rank among the top, if not the best, retirement community in the area. The people of Charleston consistently rank us as

#### NEWS & VIEWS

the best place. For example, The Ridgemont at Edgewood Summit has been celebrated as the Best in the Valley for over a decade for delivering exceptional care through our attentive, compassionate and well-trained staff. Our skilled nursing has had a long standing of a 5-Star rating from The Centers for Medicare and Medicaid Services (CMS), but our CMS stats show we're far above the national average in staffing which results in higher quality of care for residents.

The Edgewood Summit team is dedicated to providing great service to our Residents and to remain strong in our commitment to provide excellence and quality in all things. Congratulations to our Residents, Employees and Board Members for contributing to another successful year. The community could not achieve the level of success without the collaborative and cooperative spirit of everyone. We thank you for your contributions and dedication to making Edgewood Summit the best of the best!

*George "Andy" Barker* Executive Director

### **Freedom Celebration with Arlen Bishop**

Tuesday, July 1, 2025 3:00-5:00

Multipurpose Room

Be entertained this afternoon with an Independence Day celebration with the Dixieland band and Arlen Bishop. The band will play the best known and loved Dixieland, patriotic, and West Virginia music.



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### Learn Something New This Summer

Osher Lifelong Learning Institute at WVU provides programs and educational opportunities designed for adults 50 and older. Free from the pressures of tests and grades, this is learning simply for the joy of it. Check out some of the summer program.

#### <u>Summer Classes</u>

#### THE ART OF DECEPTION I: TROMPE L'OEIL Melora Cann

Friday, July 11, 10:00 a.m. – Noon

Visual illusion in art is the theme for this class, especially artistic illusion used to trick the eye into perceiving a detail, full painting, or an entire design intended to create the illusion of a three dimensional object. Art historian Melora Cann will lead participants in examining works from early Rome through the Italian Renaissance and the Dutch Golden Age through bold murals of modern times that convince the viewer to believe things that are not what they seem. This class will be an intriguing look at the guiles of artists over the ages, focused mainly on European art.

#### THE ART OF DECEPTION II: THE AMAZING WORLD OF M.C. ESCHER Melora Cann Friday, July 25, 10:00 a.m. – Noon

M. C. Escher practiced his art in Rome (Italy), Switzerland, and the Netherlands. Working mostly in drawings and prints, Escher challenged perceptions, special dimensions including positive and negative space, perspective, and reality. He is best known for his fool-the-eye visual logic, turning birds into fish, upstairs into downstairs, and other amazing, mind-bending visual puzzles. His work has a special bond with the world of mathematics. We will examine some of his best-known works, spending time on the surreal patterns and imagery of his exquisite art

#### THE HISTORY OF U.S. CIRCULATING COINS

#### Instructor: Steven Holsclaw

Tuesday, July 29, 10:00 a.m. – Noon

The Coinage Act of 1792 established a national mint in Philadelphia. For circulating coins, Congress chose decimal coinage in parts of 100. Reflecting national pride and its thirteen charter states, several coin denominations and some of their versions featured 13 stars from 1808 to 1933. For some people, coin collecting is a passion. High-end collectors have paid thousands for a penny and millions for a nickel. This presentation explores U.S. copper, nickel, silver, and gold coinage from one-half cent to \$20 gold and is illustrated with abundant photos of coins that reflect wonderful designs, masterful die engraving, and quality minting.

#### A TASTE OF THE JEWISH SHORT STORY

#### Carolyn Atkinson

Thursdays, July 31 and August 7 10:00 - 11:30 a.m.

Jewish short stories are rich and colorful, filled with religious practices, thought-provoking ideas and questions, and a flavor of the countries and backgrounds of the authors. In two classes, we will explore short stories from Yiddish authors I.L. Peretz and Sholem Aleichem. Copies of the stories will be sent by email before the classes.

#### THE ART OF DECEPTION III: WICKEDLY WITTY PORTRAITS BY GIUSEPPE ARCIMBOLDO

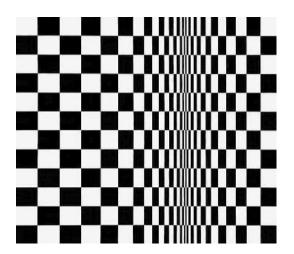
Melora Cann Friday, August 8, 10:00 a.m. – Noon

Giuseppe Arcimboldo (1526 – 1593) was an Italian artist who worked for 25 years as court painter for the Habsburgs in Vienna and Prague. His portraits were faces composed of fruits, vegetables, and OLLI members experimented with watercolors in fall 2024. animals, creating humorous, sometimes scary, images that either made the viewer smile or offended the image-conscious. Clearly, from his duration at court, his patrons enjoyed his imagery and sense of humor as well as his skill as a painter in the mannerist period. We will spend time enjoying the visual 'fruits' of his labors!

#### NEWS & VIEWS THE ART OF DECEPTION IV: THE OP ART MOVEMENT

Melora Cann Friday, August 22, 10:00 a.m. – Noon

Op Art, short for Optical Art, is a 1960s art movement that uses geometric shapes, patterns, and contrasting colors to create the illusion of movement and optical effects, exploring how our eyes perceive images. Artists used visual tricks and illusions to make images seem to vibrate, move, or warp, frequently utilizing stark contrasts, such as black and white or complementary colors, to intensify the optical effects. Op Art explored the relationship between visual stimuli and the human perception of them, investigating how the brain interprets what the eye sees. Op Art's geometric patterns and visual effects influenced design, media, and fashion in the 1960s. We'll see how they influence our students!





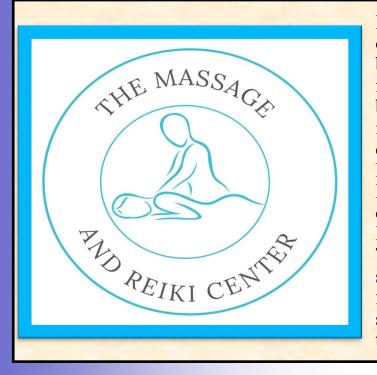


### Tuesday July 8, 2025 3:00 p.m. Resident Association Meeting

Multipurpose Room

This meeting is held every other month on the second Tuesday. It is an opportunity to discuss old business, new business and what events are coming up in the Community. Reports are given by the Resident Association President as well as Resident Committees, Floor Representatives and Department Directors.

# Need a Massage?



Massage therapy for the older generation offers many benefits including enhanced blood circulation, improved balance and flexibility, reduction of arthritic pain and back pain, increased joint mobility, improved posture, improved natural energy levels and mental awareness. Licensed massage therapists from The Massage & Reiki Center will provide chair and table massages in the Colonial Room on Tuesday, July 22nd at 10:30 a.m. These services are offered to residents and staff of Edgewood Summit at \$1 a minute for a chair massage. Interested parties should call (304) 347-1955 ahead of time to schedule an appointment.

### SAFETY AUDITS OFFERED

Is your apartment safe? You will be offered the opportunity to have a safety audit performed in your apartment throughout the year.



#### The audit will consist of:

- Proper use of extension cords.
- Inspection of area rugs to make sure edges are secured.
- Recommendations of safety items that are available.
- Test of your alert buttons (emergency system) and relocation of the buttons at your request.
- A great opportunity for you to ask questions regarding safety in your apartments.

So protect yourself! Call (304) 347-1944 to make an appointment for your free Safety Audit today!

### **Blood Pressure Checks**

Just a friendly reminder that blood pressure checks are offered the 3rd Thursday of each month at 11:00 a.m. in the Ridgemont Living Room.

### **Transportation Report**-Greg Faber, Director of Environmental Services

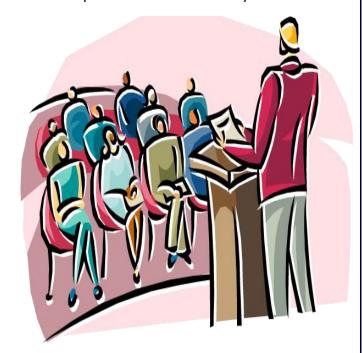
In May Transportation logged 1700 miles on the shuttles and 700 miles on the car. They transported 334 residents one way.



### NEW RESIDENT ORIENTATION

Wednesday, July 9, 2025 11:00 a.m. Multipurpose Room

The Marketing Committee is inviting you to a New Resident Orientation! Our Marketing Committee members would like to give these new residents the opportunity to ask questions, meet department directors, address concerns and learn the ins-and-outs of Edgewood Summit. Unsure about services or offerings? Be sure to bring your questions with you!



WHO MOVED IN, IN JUNE? Welcome to Edgewood Summit!



Toni Bailey - 1102 Sara Muck - 2210 Pam Albright - 1111 Carol Mollohan 2212 Ron & Anita Ellis - 4207



Sandra Wilkerson - 206 Joe Pontier - 220



Pat Dever - 3103 Marilyn McDaniel - 3108 Martha Mueller - 3117 John Poffenbarger - 3204

## Team Trivia With Bob Come One, Come All - We Will Make Teams Or Bring Your Own Team of 4



Team trivia involves teams answering trivia questions and earning points for correct answers. The team with the highest score at the end wins. Bob will act as the host, reads the questions, and judges the answers. Teams can collaborate to discuss answers and write them down on answer sheets. Wine will be available with prizes

When: Monday, July 14, 2025 Time: 4 PM Where: Multipurpose Room

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### Happy July Birthdays!

Betty Linger	2	Laurie O'Malley 13	
Ernstine Kessel	2	Barbara Nolan 14	
Betty Barna	4	Mary Parsons 15	
Lorene Kitrinos	4	Cecil Tinney 15	
Phyllis Boggess	5	Theresa Buck 15	
Ann McNealy	7	Keith Holmes 18	
Sue Shultz	8	Marylin McDaniel 18	
Phyllis Smith	8	Dreama Pontier 18	
Barbara Arceneaux	10	Patricia Kelly 22	
Susie Orders	11	Bill Crockett 27	
Charlotte Young	11	Barbara Kahre 27	
Dick Walker	12	Anita Deardorff 30	
Carol Birch	13	Kay Lamb 31	

### **FAMOUS BIRTHDAYS**

Those born between July 1–22 are Crabs of Cancer. Crabs love family and nurturing others. They may be emotional, kind, and gentle but are never soft. Cancers are strongwilled and tenacious in their search for peace and homeyness. If you were born between July 22–31, you are a Leo, the Lion. Creative and ambitious with magnetic personalities, Leos enjoy the spotlight. Warm, loving, and kind, they make loyal and honorable friends.

- Princess Diana (British royalty) July 1, 1961
- ◆ Neil Simon (playwright) July 4, 1927
- ◆ David McCullough (author) July 7, 1933
- Marty Feldman (actor) July 8, 1934
- ♦ Milton Berle (actor) July 12, 1908
- Bess Meyerson (model) July 16, 1924
- ♦ Sandra Bullock (actress) July 26, 1964
- ◆ Jackie Kennedy (U.S. first lady) July 28, 1929
- Buddy Guy (guitarist) July 30, 1936



Steve & Kathy Slockett July 10, 1976





ears. Cheers to 30

We're kicking off a month-long celebration this July with festive events and nonstop fun. Come be part of the excitement and help us make our 30th anniversary one to remember!

# MAGIC SHOW

### A Magical Lunch with John Slicer

Join us for lunch, fun conversation and a tableside magic show in the Multipurpose Room.

Wednesday, July 16th Noon - 2:00 p.m.

### Ice Cream & Milkshakes provided by Huskies

Who doesn't love a sweet way to celebrate! Stop by for a treat. Exact location will be posted closer to time.

Wednesday, July 23rd 11:00 a.m. - 1:00 p.m. Volume 30, Issue 7

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#### EDGEWOOD SUMMIT CELEBRATES 30 YEARS

wednesday July 30th

EDGEWOOD SUMMIT

**3:00 PM - 5:00 PM:** Entertainment by Bob Thompson and Trio with hours devours and cocktails

5:00 PM - 7:00 PM: Dinner

**7:00 PM - 9:00 PM:** Entertainment by Stolen Moments

YOU ARE REQUIRED TO MAKE RESERVATIONS FOR ALL GUESTS ATTENDING THIS EVENT AT \$50 PER GUEST. EACH RESIDENT IS ALLOTTED TWO (2) GUESTS. SEE YOUR FORMAL INVITATION FOR DETAILS.

The Arthur B. Hodges Center

# **Arthur B. Hodges Center News**

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### Tuesday July 22, 2025 11:30 a.m.. -1:00 p.m. **Baked Potato Bar** Fundraiser

The Employee Activities Committee will hold a fundraiser selling baked potatoes, drink and cookies for just \$6.00.





# Christmas in July

Dance Party!

Thursday, July 24, 2025 3:00p.m. -5:00p.m. Multipurpose Room

Join us in making spirits bright! Arlen Bishop will provide the music and Lifestyles will provide the refreshments!

### WASTE REDUCTION AND RECYLING AT EDGEWOOD SUMMIT



Residents and Staff in our community have been recycling for many years: office paper, cardboard, newspaper, junk mail, cereal boxes, plastic bottles, metal food and beverage cans -- and much more. We're very proud to be reducing our garbage and contributing to the sustainability of our planet.

Residents will see changes in the Utility Rooms in A, B, and D Wings. Signage, including color photos, shows what can be recycled, and where to place the material.

Each Utility Room will has two blue Recycling bins; one for clean, dry paper products, and one for rinsed-clean metal cans and plastic bottles. <u>NO plastic bags or</u> <u>non-recyclable items should be</u> <u>placed in a Recycling bin</u>. You can use a cloth or plastic bag to collect your recyclables at home, open and empty it into the Recycling bins, and then reuse the bag.

# STEPS TO RECYCLE



### MIXED PAPER

- Newspaper, Paper Bags, Junk Mail
- Cereal & Food boxes
- Office paper, Wrapping Paper
- Catalogs, Magazines, Paperback Books

#### CORRUGATED BOXES GO BEHIND BINS, FLAT AS POSIBLE

### **KEEP IT CLEAN**

- Empty liquid from bottles & cans
- Rinse milk jugs & food cans
- No food residue in cans or boxes
- Labels & lids are OK
- Remove packaging from boxes
- Flatten ALL cardboard boxes

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### PLASTIC & METAL

- Plastic Bottles & Jugs With Necks ONLY, [#1 & #2] LIDS are OK
- Aluminum Beverage cans
- Food cans & Lids, Aluminum Bakeware
- Pet Food cans & Lids, Aluminum Foil





### Keep it clean.

Recycling works best when items are clean, empty, and dry.

PUT ALL MIXED PAPER IN ONE BLUE BIN. PUT ALL METAL & PLASTIC IN THE OTHER BLUE BIN.

NO Plastic Bags or trash in Blue Bins Please!

# PHOTO DIRECTORY PLANS

Edgewood Summit will be taking pictures for the next Pictorial Directory sometime in September. Be sure to check for updates on the in-house channel and on the September Calendar . The projected completion date of the new directory will be late December.



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# **ALOHA!**

Please join us for a Hawaiian Luau Party!

### Monday, August 4, 2025

3:00-5:00 Music by Jim Snyder & Marcel Lazare Multipurpose Room Enjoy tropical rock, mix of oldies, Jimmy Buffet Style Music.

7:00-8:00 St. Marks Methodist Church Steel Drums Multipurpose Room Come out and enjoy the soothing sounds of the Steel Drums. In 2007, St. Marks united Methodist Church introduced steel drums that make a different kind of music for worship, praise, inspiration and outreach among people of all ages.



### Tell Us More

Please tell Edgewood Summit's team what is on your mind. Use the space below to ask a question, share a comment, make a suggestion or identify a topic that needs more attention. Your signature is optional but helpful if we need to ask a follow-up question or get back to you personally. Submit this section to the Receptionist in either Independent Living, The Ridgemont or Arthur B. Hodges Center. Thank you.

Resident Signature (optional) \_\_\_\_\_ Date \_\_\_\_\_