

SUN	MON	TUE	WED	THUR	FRI	SAT
	 Edgewood Summit 30th Anniversary Celebration Wednesday, July 30, 2025 3:00 p.m. - 5:00 p.m. Multipurpose Room	10:00 - 10:30 Sittercise 11:00 - 12:00 Sing-A-Long to the Oldies 1:00 - 1:25 Channel 96: Seated Exercises 1:30 - 1:55 Channel 96: Balance Skills & Drills 1:45 - 3:00 Kroger (*) 3:00 - 5:00 Edgewood Summit Dixieland Band Independence Celebration 7:15 - 9:15 Movie	10:00 - 10:30 Balance Class 11:00 - 12:00 Trivia 2:00 - 3:00 Bingo 7:00 - 8:00 Prayer Circle Meeting	10:00 - 10:30 Sittercise 11:00 - 12:00 Bible Study with Rev. Dr. Timothy Bias 11:00 - 12:00 Bingo 1:00 - 1:25 Channel 96: Gentle Yoga 1:45 - 3:00 Kroger (*) 2:00 - 3:00 Adult Relaxation and Coloring	Independence Day 2:00 - 4:00 Afternoon Movie 7:15 - 9:15 Movie	10:00 - 10:30 Sittercise 11:00 - 12:00 Bingo 1:00 - 1:25 Channel 96: Seated Exercises 1:30 - 1:55 Channel 96: Balance Skills & Drill 2:00 - 4:00 Afternoon Movie 7:15 - 9:15 Movie
Ashura 9:00 - 12:30 Church Shuttle (*) 10:00 - 10:30 Channel 96: Catholic Mass 10:00 - 12:30 Church Shuttle (*) 11:00 - 12:00 Spiritual Service 1:00 - 1:25 Channel 96: Seated Exercises 1:30 - 1:55 Channel 96: Balance Skills & Drill 2:30 - 3:05 Channel 96: Bible Study for Beginners 3:00 - 4:00 Catholic Mass with Fr. John Finnell 6:00 - 8:00 Movie	10:00 - 10:30 Balance Class 11:00 - 2:30 Ridgemont and ABHC Lunch Outing to the Olive Garden (*) 2:00 - 2:25 Channel 96: Gentle Yoga 2:00 - 3:00 Corn Hole	10:00 - 10:30 Sittercise 11:00 - 12:00 Bingo 1:00 - 1:25 Channel 96: Seated Exercises 1:00 - 2:00 Holy Communion With St. Marks Methodist Church 1:30 - 1:55 Channel 96: Balance Skills & Drills 1:45 - 3:00 Kroger (*) 3:00 - 4:00 Resident Association Meeting 7:15 - 9:15 Movie	10:00 - 10:30 Balance Class 11:00 - 12:00 EZ Short Story: The Knitting Tree 11:00 - 12:00 New Resident Orientation 1:30 - 2:30 Dementia & Alzheimer's Support Group 2:00 - 3:00 Check Cashing 3:00 - 4:00 PIE IN YOUR FACE FUNDRAISER 7:00 - 8:00 Prayer Circle Meeting	Full Moon 10:00 - 10:30 Sittercise 11:00 - 12:00 Bingo 1:00 - 1:25 Channel 96: Gentle Yoga 1:30 - 2:30 Ridgemont Book Club West Virginia Short Stories 1:45 - 3:00 Kroger (*)	10:00 - 10:30 Balance Class 11:00 - 12:00 Random Trivia 1:00 - 2:30 Shopping @ Dollar Tree (*) 1:30 - 2:30 Catholic Mass 3:30 - 4:30 Uno Card Games 7:15 - 9:15 Movie	10:00 - 10:30 Sittercise 11:00 - 12:00 Bingo 1:00 - 2:00 Blueberry Cobbler Social 1:00 - 1:25 Channel 96: Seated Exercises 1:30 - 1:55 Channel 96: Balance Skills & Drill 3:00 - 4:00 Junk Drawer Detective 7:15 - 9:15 Movie
9:00 - 12:30 Church Shuttle (*) 10:00 - 10:30 Channel 96: Catholic Mass 10:00 - 12:30 Church Shuttle (*) 11:00 - 12:00 Channel 96: Spiritual Service w/ Dr. Charles Stanley 11:00 - 12:00 Spiritual Service 1:00 - 1:25 Channel 96: Seated Exercises 1:30 - 1:55 Channel 96: Balance Skills & Drill 2:30 - 3:05 Channel 96: Bible Study for Beginners 3:00 - 4:00 Catholic Communion 6:00 - 8:00 Movie	10:00 - 10:30 Balance Class 11:00 Ridgemont Lunch Outing to Quarrier Diner (*) 2:00 - 2:25 Channel 96: Gentle Yoga 3:00 - 4:30 THE AMERICAN FRONTIERSMAN SERIES: The Story of Kit Carson: The Greatest Scout in the West at ABHC (*)	10:00 - 10:30 Sittercise 11:00 - 12:00 Sing-A-Long with Phyllis & Ron Walls 1:00 - 1:25 Channel 96: Seated Exercises 1:30 - 1:55 Channel 96: Balance Skills & Drills 1:45 - 3:00 Kroger (*) 3:00 - 4:00 Bingo 7:15 - 9:15 Movie	10:00 - 10:30 Balance Class 12:00 - 2:00 Magical 30th Anniversary Luncheon with John Slicer (*) 2:00 - 3:00 Ridgemont Meeting 7:00 - 8:00 Prayer Circle Meeting	10:00 - 10:30 Sittercise 11:00 - 12:00 Bingo 12:30 - 1:30 Alterations w/Carolyn 1:00 - 1:25 Channel 96: Gentle Yoga 1:30 - 2:30 Ridgemont Book Club West Virginia Short Stories 1:45 - 3:00 Kroger (*)	10:00 - 10:30 Balance Class 11:00 - 12:00 Funny Finish Lines 1:00 - 2:30 Shopping @ Capital Market (*) 3:30 - 4:30 All Time Favorite's Sing-A-Long 7:15 - 9:15 Movie	10:00 - 10:30 Sittercise 11:00 - 12:00 Bingo 1:00 - 1:25 Channel 96: Seated Exercises 1:30 - 1:55 Channel 96: Balance Skills & Drill 2:00 - 3:00 Music Performance by Peewee Hobs & Kanawha Valley Boys 7:15 - 9:15 Movie
9:00 - 12:30 Church Shuttle (*) 10:00 - 10:30 Channel 96: Catholic Mass 10:00 - 12:30 Church Shuttle (*) 11:00 - 12:00 Channel 96: Spiritual Service w/ Dr. Charles Stanley 11:00 - 12:00 Spiritual Service 1:00 - 1:25 Channel 96: Seated Exercises 1:30 - 1:55 Channel 96: Balance Skills & Drill 2:30 - 3:05 Channel 96: Bible Study for Beginners 3:00 - 4:00 Catholic Communion 6:00 - 8:00 Movie	10:00 - 10:30 Balance Class 11:00 - 12:00 Corn Hole 1:00 - 2:00 Monthly Birthday Celebration 2:00 - 2:25 Channel 96: Gentle Yoga	10:00 - 10:30 Sittercise 10:30 - 1:30 Massages by The Massage & Reiki Center (*) 11:00 - 12:00 Bingo 11:30 - 1:00 Employee Activities Committee Potato Bar Fundraiser 1:00 - 1:25 Channel 96: Seated Exercises 1:30 - 1:55 Channel 96: Balance Skills & Drills 1:45 - 3:00 Kroger (*) 2:00 TRAVEL CLUB: Savannah Ga. at Arthur B. Hodges Center (*) 7:15 - 9:15 Movie	10:00 - 10:30 Balance Class 11:00 - 1:00 Huskey's Ice-Cream Truck 2:00 - 3:00 Check Cashing 2:00 - 3:00 Random Trivia 7:00 - 8:00 Prayer Circle Meeting	10:00 - 10:30 Sittercise 11:00 - 12:00 Bingo 1:00 - 1:25 Channel 96: Gentle Yoga 1:45 - 3:00 Kroger (*) 3:00 - 5:00 Christmas in July with Arlen Bishop	10:00 - 10:30 Balance Class 11:00 - 12:00 Remembering Landing on the Moon 1:00 - 2:00 Chit Chat 1:00 - 2:00 Shopping @ Target (*) 3:30 - 4:30 Uno Card Games 7:15 - 9:15 Movie	10:00 - 10:30 Sittercise 11:00 - 12:00 Bingo 1:00 - 1:25 Channel 96: Seated Exercises 1:30 - 1:55 Channel 96: Balance Skills & Drill 2:00 - 3:00 Finish the Song Lyrics 7:15 - 9:15 Movie
9:00 - 12:30 Church Shuttle (*) 10:00 - 10:30 Channel 96: Catholic Mass 10:00 - 12:30 Church Shuttle (*) 11:00 - 12:00 Channel 96: Spiritual Service w/ Dr. Charles Stanley 11:00 - 12:00 Spiritual Service 1:00 - 1:25 Channel 96: Seated Exercises 1:30 - 1:55 Channel 96: Balance Skills & Drill 2:30 - 3:05 Channel 96: Bible Study for Beginners 3:00 - 4:00 Catholic Communion 6:00 - 8:00 Movie	9:00 - 10:30 Men's Breakfast (*) 10:00 - 10:30 Balance Class 11:00 - 12:00 Corn Hole 1:00 - 2:00 Sing-A-Long w/ Keith Ellison 2:00 - 2:25 Channel 96: Gentle Yoga	10:00 - 10:30 Sittercise 11:00 - 12:00 Bingo 1:00 - 1:25 Channel 96: Seated Exercises 1:30 - 1:55 Channel 96: Balance Skills & Drills 1:45 - 3:00 Kroger (*) 2:00 - 3:00 Ice Cream Social 7:15 - 9:15 Movie	11:00 - 12:00 Spintopia 3:00 - 5:00 Edgewood Summit's 30th Anniversary Party with Bob Thompson Quartet 7:00 - 8:00 Prayer Circle Meeting 7:00 - 9:00 Stolen Moments Performs	10:00 - 10:30 Sittercise 11:00 - 12:00 Bingo 1:00 - 1:25 Channel 96: Gentle Yoga 1:30 - 2:30 Ridgemont Book Club West Virginia Short Stories 1:45 - 3:00 Kroger (*)	<i>All activities including the type, times and duration are subject to change based on the resident's needs and interests.</i>	

July 2025

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