




SUN	MON	TUE	WED	THUR	FRI	SAT
		10:00 Sittercise 11:00 Sing-A-Long to the Oldies 1:00 Channel 96: Seated Exercises 1:30 Channel 96: Balance Skills & Drills 1:45 Kroger (*) 3:00 Edgewood Summit Dixieland Band Independence Celebration 7:15 Movie	10:00 Balance Class 11:00 A Room with Many Views w/ Rev. Jim Lewis 2:00 Bingo 3:30 Golf 7:00 Prayer Circle Meeting	10:00 Sittercise 11:00 Bible Study with Rev. Dr. Timothy Bias 11:00 Flex & Flow with Mary Louise King 1:00 Channel 96: Gentle Yoga 1:45 Kroger (*)	Independence Day Dining Room Hours 12-2:30 p.m. 3:30 Golf 7:15 Movie	10:00 Sittercise 1:00 Channel 96: Seated Exercises 1:30 Channel 96: Balance Skills & Drill 2:00 Makers Space Workshop 7:15 Movie
Ashura 9:00 Church Shuttle (*) 10:00 Channel 96: Catholic Mass 10:00 Church Shuttle (*) 11:00 Spiritual Service 1:00 Channel 96: Seated Exercises 1:30 Channel 96: Balance Skills & Drill 2:30 Channel 96: Bible Study for Beginners 3:00 Catholic Mass with Fr. John Finnell 6:00 Movie	10:00 Balance Class 11:00 Next Level Fit with Christian Burch 11:00 Painting Class with Arthur Evans (*) 2:00 Bingo 2:00 Channel 96: Gentle Yoga 3:30 Conversations in French and French Culture with Frank Martin	10:00 Sittercise 1:00 Channel 96: Seated Exercises 1:00 Holy Communion With St. Marks Methodist Church 1:00 Read Aloud & Story Time 1:30 Channel 96: Balance Skills & Drills 1:45 Kroger (*) 3:00 Resident Association Meeting 7:15 Movie	10:00 Balance Class 11:00 A Room with Many Views w/ Rev. Jim Lewis 11:00 New Resident Orientation 1:30 Dementia & Alzheimer's Support Group 2:00 Bingo 2:00 Check Cashing 3:30 Golf 7:00 Prayer Circle Meeting	Full Moon 10:00 Sittercise 11:00 Flex & Flow with Mary Louise King 1:00 Channel 96: Gentle Yoga 1:45 Kroger (*)	10:00 Balance Class 10:00 WVU OLLI Art of Deception by Melora Cann (*) 11:00 Next Level Fit with Christian Burch 1:00 Shopping @ Dollar Tree (*) 1:30 Catholic Mass 3:30 Golf 7:15 Movie	10:00 Sittercise 1:00 Blueberry Cobbler Social 1:00 Channel 96: Seated Exercises 1:30 Channel 96: Balance Skills & Drill 2:00 Makers Space Workshop 7:15 Movie
9:00 Church Shuttle (*) 10:00 Channel 96: Catholic Mass 10:00 Church Shuttle (*) 11:00 Channel 96: Spiritual Service w/ Dr. Charles Stanley 11:00 Spiritual Service 1:00 Channel 96: Seated Exercises 1:30 Channel 96: Balance Skills & Drill 2:30 Channel 96: Bible Study for Beginners 3:00 Catholic Communion 6:00 Movie	10:00 Balance Class 11:00 Next Level Fit with Christian Burch 11:00 Painting Class with Arthur Evans (*) 2:00 Bingo 2:00 Channel 96: Gentle Yoga 3:30 Conversations in French and French Culture with Frank Martin 4:00 Team Trivia with Bob	10:00 Sittercise 11:00 Lunch Outing to the Bucket (*) 11:00 Sing-A-Long with Phyllis & Ron Walls 1:00 Channel 96: Seated Exercises 1:30 Channel 96: Balance Skills & Drills 1:45 Kroger (*) 7:15 Movie	10:00 Balance Class 11:00 A Room with Many Views w/ Rev. Jim Lewis 12:00 Magical 30th Anniversary Luncheon with John Slicer (*) 2:00 Bingo 3:30 Golf 7:00 Prayer Circle Meeting	10:00 Sittercise 11:00 Blood Pressure Check 11:00 Flex & Flow with Mary Louise King 12:30 Alterations w/Carolyn 1:00 Channel 96: Gentle Yoga 1:45 Kroger (*)	10:00 Balance Class 11:00 Next Level Fit with Christian Burch 1:00 Shopping @ Capital Market (*) 3:30 Golf 7:15 Movie	10:00 Sittercise 1:00 Channel 96: Seated Exercises 1:30 Channel 96: Balance Skills & Drill 2:00 Makers Space Workshop 2:00 Music Performance by Peewee Hobs & Kanawha Valley Boys 7:15 Movie
9:00 Church Shuttle (*) 10:00 Channel 96: Catholic Mass 10:00 Church Shuttle (*) 11:00 Channel 96: Spiritual Service w/ Dr. Charles Stanley 11:00 Spiritual Service 1:00 Channel 96: Seated Exercises 1:30 Channel 96: Balance Skills & Drill 2:30 Channel 96: Bible Study for Beginners 3:00 Catholic Communion 6:00 Movie	10:00 Balance Class 11:00 Next Level Fit with Christian Burch 11:00 Painting Class with Arthur Evans (*) 1:00 Monthly Birthday Celebration 2:00 Bingo 2:00 Channel 96: Gentle Yoga 3:30 Conversations in French and French Culture with Frank Martin 5:30 Parkinsons Support Group Meeting at Blessed Sacrament (*) 6:00 WVU OLLI Zoom CLASS: Introduction to AI: What Can AI Do For You?	10:00 Sittercise 10:30 Massages by The Massage & Reiki Center (*) 11:30 Employee Activities Committee Potato Bar Fundraiser 1:00 Channel 96: Seated Exercises 1:00 Read Aloud & Story Time 1:30 Channel 96: Balance Skills & Drills 1:45 Kroger (*) 7:15 Movie	10:00 Balance Class 11:00 A Room with Many Views w/ Rev. Jim Lewis 11:00 Huskey's Ice-Cream Truck 2:00 Bingo 2:00 Check Cashing 3:30 Golf 7:00 Prayer Circle Meeting	10:00 Sittercise 11:00 Flex & Flow with Mary Louise King 1:00 Channel 96: Gentle Yoga 1:45 Kroger (*) 3:00 Christmas in July with Arlen Bishop	10:00 Balance Class 10:00 WVU OLLI Art of Deception by Melora Cann (*) 11:00 Next Level Fit with Christian Burch 1:00 Chit Chat 1:00 Shopping @ Target (*) 3:30 Golf 7:15 Movie	10:00 Sittercise 1:00 Channel 96: Seated Exercises 1:30 Channel 96: Balance Skills & Drill 2:00 Makers Space Workshop 7:15 Movie
9:00 Church Shuttle (*) 10:00 Channel 96: Catholic Mass 10:00 Church Shuttle (*) 11:00 Channel 96: Spiritual Service w/ Dr. Charles Stanley 11:00 Spiritual Service 1:00 Channel 96: Seated Exercises 1:30 Channel 96: Balance Skills & Drill 2:30 Channel 96: Bible Study for Beginners 3:00 Catholic Communion 6:00 Movie	9:00 Men's Breakfast (*) 10:00 Balance Class 11:00 Next Level Fit with Christian Burch 11:00 Painting Class with Arthur Evans (*) 2:00 Bingo 2:00 Channel 96: Gentle Yoga 3:30 Conversations in French and French Culture with Frank Martin	10:00 Sittercise 10:00 WVU OLLI Class: The History of US Circulating Coins by Steve Holsclaw (*) 1:00 Channel 96: Seated Exercises 1:30 Channel 96: Balance Skills & Drills 1:45 Kroger (*) 4:30 Dinner Trip to Cozumel Cantina & Grill on the River (*) 7:15 Movie	11:00 A Room with Many Views w/ Rev. Jim Lewis 3:00 Edgewood Summit's 30th Anniversary Party with Bob Thompson Quartet 7:00 Prayer Circle Meeting 7:00 Stolen Moments Performs	10:00 Sittercise 10:00 WVU OLLI Class "A Taste of the Jewish Short Story (*)" 11:00 Flex & Flow with Mary Louise King 1:00 Channel 96: Gentle Yoga 1:45 Kroger (*)	Please use the registration sheet to sign up for any event with an asterisk (*) next to it.	 Edgewood Summit 30th Anniversary Celebration Wednesday, July 30, 2025 3:00 p.m. - 5:00 p.m. Multipurpose Room

July 2025

IL Print
300 Baker Lane Charleston, WV 25302 (304) 346-2323

