WED THUR TUE Independence 10:00 Sittercise 10:00 Balance Class 10:00 Sittercise 10:00 Sittercise 5 11:00 Sing-A-Long to the 11:00 A Room with 11:00 Bible Study 1:00 Channel 96: Day Oldies with Rev. Dr. Many Views w/ **Seated Exercises** :00 Channel 96: Seated **Dining Room Hours** Timothy Bias **Exercises** Rev. Jim Lewis 1:30 Channel 96: Balance 11:00 Flex & Flow with 12-2:30 p.m. :30 Channel 96: Balance Skills & 2:00 Bingo Skills & Drill Drills Mary Louise King 3:30 Golf 3:30 Golf 2:00 Makers Space 1:45 Kroger (*) 1:00 Channel 96: Gentle Yoga 3:00 Edgewood Summit Dixieland 7:00 Prayer Circle 7:15 Movie Workshop 1:45 Kroger (*) **Band Independence Celebration** 7:15 Movie Meeting 7:15 Movie 10:00 Sittercise 10:00 Balance Class 10:00 Sittercise 10:00 Balance Class 10:00 Balance Class Full Moon :00 Church Shuttle (*) 1:00 Channel 96: Seated 11:00 A Room with Many 10:00 WVU OLLI Art of 11:00 Next Level Fit 1:00 Blueberry 10:00 Channel 96: Catholic Mass 10:00 Sittercise **Exercises** Views w/ Rev. Jim Lewis Deception by Melora with Christian Burch 10:00 Church Shuttle (*) Cobbler Social 11:00 Flex & Flow 1:00 Holy Communion 11:00 New Resident 11:00 Spiritual Service 11:00 Painting Class with Cann (*) 1:00 Channel 96: Seated With St. Marks Methodist Church Orientation :00 Channel 96: Seated Exercises 11:00 Next Level Fit with Arthur Evans (*) with Mary Louise King Exercises 1:00 Read Aloud & Story Time :30 Channel 96: Balance Skills & Drill 1:30 Dementia & Alzheimer's 2:00 Bingo Christian Burch 2:30 Channel 96: Bible Study for 1:00 Channel 96: Gentle 1:30 Channel 96: Balance Skills 1:30 Channel 96: Balance Skills & Support Group 1:00 Shopping @ Dollar Tree (*) 2:00 Channel 96: Gentle Yoga Beginners 2:00 Bingo Drills & Drill Yoga 3:00 Catholic Mass with Fr. John Finnell 3:30 Conversations in French 1:30 Catholic Mass 1:45 Kroger (*) 2:00 Check Cashing 2:00 Makers Space Workshop 6:00 Movie 1:45 Kroger (*) and French Culture with 3:30 Golf 3:00 Resident Association Meeting 3:30 Golf 7:15 Movie Frank Martin 7:15 Movie 7:15 Movie 7:00 Prayer Circle Meeting 9:00 Church Shuttle (*) 10:00 Sittercise 10:00 Balance Class 10:00 Balance Class 10:00 Sittercise 10:00 Balance Class 10:00 Sittercise 10:00 Channel 96: Catholic Mass 11:00 Next Level Fit with 11:00 Lunch Outing to 11:00 A Room with 1:00 Channel 96: Seated 11:00 Blood Pressure 11:00 Next Level 10:00 Church Shuttle (*) Christian Burch the Bucket (*) Many Views w/ Rev. Exercises 11:00 Channel 96: Spiritual Check Fit with 11:00 Painting Class with Service w/ Dr. Charles Stanley 11:00 Sing-A-Long with Phyllis & Jim Lewis 1:30 Channel 96: Balance Skills & 11:00 Flex & Flow with Arthur Evans (*) 1:00 Spiritual Service Ron Walls Christian Burch 12:00 Magical 30th Drill 1:00 Channel 96: Seated Exercises 2:00 Bingo Mary Louise King 1:00 Channel 96: Seated Exercises Anniversary Luncheon with 2:00 Makers Space Workshop 1:00 Shopping @ Capital 1:30 Channel 96: Balance Skills & Drill 2:00 Channel 96: Gentle Yoga 12:30 Alterations w/Carolyn 1:30 Channel 96: Balance Skills & 2:00 Music Performance by 2:30 Channel 96: Bible Study for John Slicer (*) 3:30 Conversations in French and Market (*) 1:00 Channel 96: Gentle Yoga Beginners Drills 2:00 Bingo Peewee Hobs & Kanawha French Culture with Frank 3:00 Catholic Communion 3:30 Golf 1:45 Kroger (*) 1:45 Kroger (*) 3:30 Golf Valley Boys Martin 6:00 Movie 7:15 Movie 7:15 Movie 7:00 Prayer Circle Meeting 7:15 Movie 4:00 Team Trivia with Bob 9:00 Church Shuttle (*) 10:00 Balance Class 10:00 Sittercise 10:00 Balance Class 10:00 Sittercise 10:00 Balance Class 10:00 Sittercise 26 11:00 Next Level Fit with 10:00 Channel 96: Catholic Mass 10:30 Massages by The 11:00 A Room with 10:00 WVU OLLI Art of 11:00 Flex & Flow 1:00 Channel 96: 10:00 Church Shuttle (*) Christian Burch Massage & Reiki Many Views w/ Rev. Deception by Melora 11:00 Painting Class with Arthur 11:00 Channel 96: Spiritual with Mary Louise Center (*) **Seated Exercises** Evans (*) Service w/ Dr. Charles Stanley Jim Lewis Cann (*) 11:30 Employee Activities Committee 1:00 Monthly Birthday Celebration King 11:00 Spiritual Service 1:30 Channel 96: Balance Potato Bar Fundraiser 11:00 Huskey's Ice-Cream 11:00 Next Level Fit with 2:00 Bingo 1:00 Channel 96: Seated Exercises 1:00 Channel 96: Gentle Yoga 2:00 Channel 96: Gentle Yoga 1:00 Channel 96: Seated Exercises Truck Christian Burch Skills & Drill 1:30 Channel 96: Balance Skills & Drill 3:30 Conversations in French and French 1:45 Kroger (*) 1:00 Read Aloud & Story Time 2:00 Bingo 1:00 Chit Chat 2:30 Channel 96: Bible Study for 2:00 Makers Space Culture with Frank Martin 1:30 Channel 96: Balance Skills & Drills 3:00 Christmas in July with Beginners 2:00 Check Cashing 1:00 Shopping @ Target (*) 5:30 Parkinsons Support Group Meeting at 1:45 Kroger (*) 3:00 Catholic Communion Workshop Blessed Sacrament (*) Arlen Bishop 3:30 Golf 3:30 Golf 7:15 Movie 6:00 Movie 6:00 WVU OLLI Zoom CLASS: Introduction to 7:15 Movie 7:00 Prayer Circle Meeting 7:15 Movie Al: What Can Al Do For You? 9:00 Church Shuttle (*) 9:00 Men's Breakfast (*) 10:00 Sittercise 11:00 A Room with 10:00 Sittercise 31 10:00 Channel 96: Catholic Mass 10:00 WVU OLLI Class: The 10:00 Balance Class Please use the Many Views w/ Rev. 10:00 WVU OLLI 10:00 Church Shuttle (*) **History of US Circulating** 11:00 Next Level Fit with Jim Lewis 11:00 Channel 96: Spiritual Class "A Taste of Coins by Steve registration sheet to Christian Burch Service w/ Dr. Charles Stanley 3:00 Edgewood Summit's 30th the Jewish Short Story (*) Holsclaw (*) 11:00 Painting Class with Arthur 11:00 Spiritual Service sign up for any event :00 Channel 96: Seated Exercises Anniversary Party with Bob 11:00 Flex & Flow with 1:00 Channel 96: Seated Exercises Evans (*) 1:30 Channel 96: Balance Skills & Drills Thompson Quartet 1:30 Channel 96: Balance Skills & Drill **Edgewood Summit 30th** 2:00 Bingo with an asterisk (*) Mary Louise King 1:45 Kroger (*) 2:30 Channel 96: Bible Study for 7:00 Prayer Circle Meeting **Anniversary Celebration** 2:00 Channel 96: Gentle Yoga 4:30 Dinner Trip to Cozumel Cantina 1:00 Channel 96: Gentle Yoga Beginners Wednesday, July 30, 2025 3:30 Conversations in French and 7:00 Stolen Moments next to it. & Grill on the River (*) 3:00 Catholic Communion 1:45 Kroger (*) 3:00 p.m. - 5:00 p.m. French Culture with Frank **Performs** Multipurpose Room Martin **July 2025 Edgewood Summit**

300 Baker Lane Charleston, WV 25302 (304) 346-2323