



*Executive View*

**Celebrating April**

*Retirement Party in  
Honor of Teresa  
Smith's 23 Years of  
Service  
April 1*

*Campus Easter Egg  
Hunt  
April 3*

*The 1937 Flood Band  
Performs  
April 4*

*WVU OLLI Class  
Medication Safety  
Made Easy  
April 16*

*Edgewood Summit  
Resident Collection  
Display  
April 28*

*Retirement Party in  
Honor of Connie  
Hudson 13 years of  
Service  
April 29*

*Sock Hop with  
Arlen Bishop  
April 30*



Edgewood Summit is pleased to announce an exciting new partnership with Edgewood Country Club, designed to expand dining, social, and recreational opportunities for our residents while maintaining a simple and cost-effective structure.

Through this collaboration, Edgewood Summit residents will enjoy a non-voting membership at Edgewood Country Club, providing access to many of the club's most popular amenities and social spaces—without assessment fees or traditional country club obligations.

**Dining and Social Experiences**

The primary focus of this partnership is dining and social use of the clubhouse. Residents are welcome to enjoy the club's dining venues and participate in social gatherings in a welcoming, relaxed atmosphere that complements the Edgewood Summit lifestyle.

**Meetings, Events, and Banquets**

Edgewood Summit residents may host banquets, meetings, and events at Edgewood Country Club without paying room rental fees. Only food and beverage charges will apply, creating flexibility for events while keeping costs predictable and transparent.



### Access to Club Amenities

Residents participating through Edgewood Summit will also enjoy access to select recreational amenities at preferred rates:

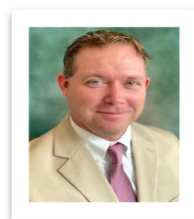
- Swimming Pool: Complimentary access for residents
- Racquets Facilities: \$15 per resident
- Golf: Resident rate: \$30 per round  
Guest rate: \$75 per round

### Simple Billing and Administration

For ease and efficiency, one consolidated monthly statement will be issued directly to Edgewood Summit, similar to how reciprocal club arrangements are managed. Edgewood Summit will handle internal resident billing, or residents may choose to pay by credit card at Edgewood Country Club during their visit if preferred.

Importantly, no assessment fees apply to this membership arrangement.

**George “Andy” Barker,**  
Executive Director



## YOU ARE INVITED TO Retirement Party

In Honor of  
*Teresa Smith*

Wednesday, April 1, 2026  
2:00 p.m.  
Multipurpose Room

Please join us as we honor Teresa Smith and her remarkable 23-year journey with Edgewood Summit.

As she embarks on this well-deserved new chapter of peace and relaxation, we invite you to share your well-wishes and celebrate her dedicated service to our community.





Edgewood  
Summit



# EASTER EGG HUNT

OUR ANNUAL EASTER EGG  
HUNT FOR EMPLOYEES  
CHILDREN/GRANDCHILDREN &  
RESIDENT GRANDCHILDREN IS  
PLANNED FOR:

FRIDAY, APRIL 3RD  
3:00 P.M.

SOUTH COURTYARD



FOR MORE INFORMATION OR TO  
REGISTER YOUR CHILD/GRANDCHILD  
CALL MYRA LUCAS (304) 348-2761.



Saturday, April 4, 2026  
**1937 FLOOD BAND**  
**MULTIPURPOSE ROOM**

The 1937 Flood is an eclectic string band based in Huntington, West Virginia, that began in 1973. Celebrating its 50th anniversary in 2023, the group plays a mix of folk, blues, Dixieland jazz, and mountain melodies. Come and enjoy an afternoon of music.

## Guest Apartment Reservations

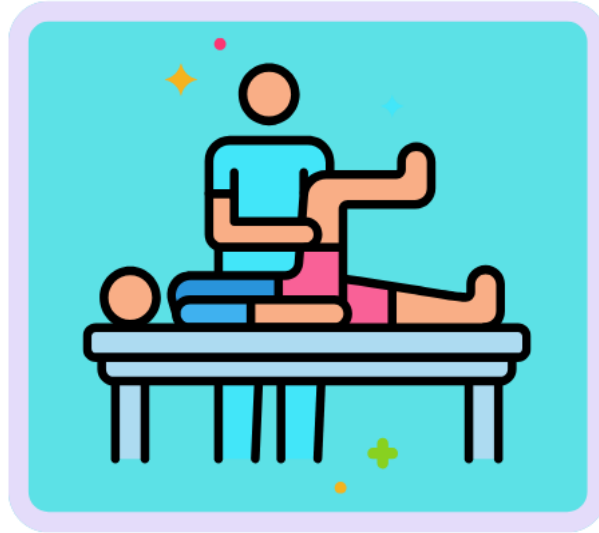
### Friendly Reminder: Guest Apartment Reservations

Planning a visit? To reserve our Guest Apartment, please contact the Lifestyle Department at (304) 347-1955 or (304) 347-1942.



- **Booking Hours:** Monday–Friday, 8:30 a.m. – 5:00 p.m.
- **Rate:** \$140.00 per night (includes complimentary breakfast).
- **Payment:** We accept cash or check. Residents may also charge the stay directly to their accounts.

Summer is just around the corner, so be sure to book early to secure your dates!



# Success Stories

Congratulations to Betty Rogers and Sanrda Huff for a successful 4-week rehab stay at Arthur B. Hodges Skilled Nursing! Our Powerback rehab specializes in helping residents recover from injuries, surgeries, and chronic pain. Our licensed therapists provide personalized treatment plans, including exercises, manual therapy, and rehabilitation techniques to get you back on track.

Contact Information:

(304) 345-0867

## Roll into Spring



April 3 marks World Marbles Day, a lighthearted celebration of one of the world's oldest and most satisfying games. Long before screens and controllers, a small pouch of marbles and a patch of dirt were enough to fill an afternoon.

Marbles have been played in some form for thousands of years. Archaeologists have uncovered stone and clay marbles at ancient sites, and by the 1800s, glass marbles—often handmade—became popular in Europe and the United States. Each one had its own personality: cat's-eyes, swirls, shooters, and cloudy "alley agates." Some were meant for play, while others were carefully traded or saved as prized collectibles.

The game itself was simple but never dull. Players crouched low, flicking

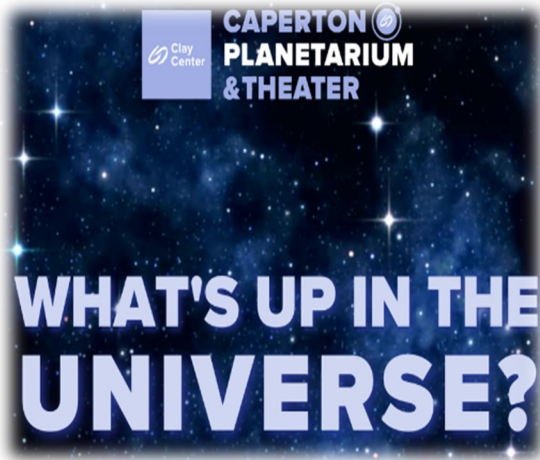
a shooter marble with a practiced thumb, aiming to knock opponents' marbles out of a circle or hole. It required strategy, steady hands, and just enough daring to risk losing your best marble on a bold shot. Skill mattered, but luck always had a say, which kept things exciting.

World Marbles Day is a good excuse to revisit that sense of play. Even if you never played by official rules, you might remember the feel of cool glass in your palm or the clink marbles made when they collided. Today, marbles are still collected for their craftsmanship, with modern artists creating intricate designs that are as much art as toy.

The word *marble* even rolls into the kitchen. Think of marbled rye bread, marbled pound cake, or a perfectly marbled steak—proof that swirling patterns are just as appealing on the plate as they are in a game.



## What's Up in the Universe at the Clay Center



**When:** Friday, April 10, 2026

**Time:** 1:15 p.m.

Guided by a planetarium educator, What's Up in the Universe? is your chance to explore the night sky, ask questions, and discover what's happening in space!

Whether you're a stargazing newbie or a lifelong space enthusiast, this show brings the universe a little closer - one question at a time. Call the Lifestyles Department if you would like to attend at (304) 347-1942 or (304) 347-1955.

## Partnership with South Charleston Library

Edgewood Summit has a partnership with South Charleston Public Library. They will be offering delivery service to those interested. The library offers a delivery and pick up the 3rd Wednesday of each month. Only 28-day checkouts will be available. Limit of 5 books per person. If you would like to sign up for this program please contact the Lifestyle Department at (304) 347-1955 or (304) 347-1942.



# Trivia with Bob

*Monday*

APRIL 13TH

3:00P.M.

MULTIPURPOSE  
ROOM



TEAM TRIVIA INVOLVES  
ANSWERING QUESTIONS AND  
EARNING POINTS FOR CORRECT  
ANSWERS. THE TEAM WITH THE  
HIGHEST SCORE AT THE END WINS.  
BOB WILL ACT AS THE HOST,  
READS THE QUESTIONS, AND  
JUDGES THE ANSWERS THAT YOUR  
TEAM WRITES DOWN ON THE  
ANSWER SHEETS.

## *Complimentary Transportation*



Edgewood Summit provides complimentary transportation throughout the Charleston area as part of enhancing the independent lifestyle of our Residents through the use of our own Edgewood shuttles. All shuttle services are available on campus Monday through Friday from 8:00 a.m. – 4:00 p.m. Please call the front desk to schedule transportation. We do ask that you give a 24 hour notice. On Sunday, the Church Shuttle runs at 9:00 a.m. and 10:00 a.m. to local Charleston churches. Off-Campus events are scheduled on a regular basis to shopping centers, grocery stores, malls, Clay Center, etc. which are outlined on a monthly activity calendar with times, locations and destinations. Please call the front desk to schedule your transportation at (304) 346-2323.



## **Need a Massage?**

Residents and staff at Edgewood Summit are invited to experience the many benefits of massage therapy, especially tailored for older adults. Regular massage can help enhance blood circulation, improve balance and flexibility, reduce arthritic and back pain, increase joint mobility, and support better posture. It may also boost natural energy levels and mental clarity.

Licensed massage therapists from The Massage & Reiki Center will be offering relaxing chair or table massages in the Colonial Room on Tuesday, April 14, 2026. Services are available at a rate of \$1 per minute and are open to all residents and staff of Edgewood Summit.

Appointments are required. To reserve your spot, please call (304) 347-1955 in advance.

## SAFETY AUDITS OFFERED

Is your apartment safe? You will be offered the opportunity to have a safety audit performed in your apartment throughout the year.

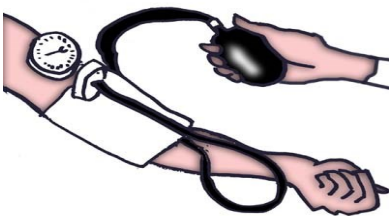


### The audit will consist of:

- Proper use of extension cords.
- Inspection of area rugs to make sure edges are secured.
- Recommendations of safety items that are available.
- Test of your alert buttons (emergency system) and relocation of the buttons at your request.
- A great opportunity for you to ask questions regarding safety in your apartments.

So protect yourself! Call (304) 347-1944 to make an appointment for your free Safety Audit today!

## *Blood Pressure Checks*



Just a friendly reminder that blood pressure checks are offered the 3rd Friday of each month at 11:00 a.m. in the Ridgemont Living Room.

## **Transportation Report-Greg Faber, Director of Environmental Services**

In February Transportation logged 1650 miles on the shuttles and 750 miles on the car. They transported 375 residents one way.



## Happy April Birthdays!

Anne Gardner	4	Elisabeth Hartman	22
Jean Pozega	5	Emily Roles	25
Jean Orders	6		
Evelyn Borio	8		
Karen Readshaw	9		
Mike Haynes	10		
Scott Mansour	11		
Donald Morton	18		
Howard Persinger	18		
Lee Snyder	21		



## FAMOUS BIRTHDAYS

In astrology, those born between April 1–20 are Aries, the Ram. Rams are adventurous go-getters and full of enthusiasm, charm, and energy. They make dynamic pioneers and adventurers—undeterred when the going gets rough. Those born from April 20–30 have the star sign of the Bull of Taurus. Bulls show steady, dogged persistence in achieving their goals. Once goals are reached, they enjoy being rewarded, especially with beauty and peace at home.

- Marlon Brando (actor) – April 3, 1924
- Spencer Tracy (actor) – April 5, 1900
- Walter Winchell (columnist) – April 7, 1897
- Jackie Chan (actor, stuntman) – April 7, 1954
- Charles Wilson Peale (artist) – April 15, 1741
- Paloma Picasso (designer) – April 19, 1949
- Shirley Temple (actress) – April 23, 1928
- Carol Burnett (comedian) – April 26, 1933
- Jerry Seinfeld (comedian) – April 29, 1954



Joe and Ann Balkey  
April 2



# Arthur B. Hodges Center News

## COMING SOON!

The Corn Hole Competition between Arthur B. Hodges and Ridgemont will be scheduled in the month June 2026. Practice games have begun and will continue throughout the upcoming months until the grand day of competition! You won't want to miss out on this fun filled day of friendly competition between ABHC and the Ridgemont.



## The Power Of Laughter

Research suggests that laughter (celebrated on April Fools' Day) can decrease stress hormones and boost the immune system. As you navigate the "spring cleaning" of your lifestyle this month, remember that small acts of patience and compassion toward yourself—often called "Leading with Love"—can be the most effective medicine for a busy mind.

## The Risen King

A stone rolled back, the tomb is bare,  
A song of triumph fills the air.  
From death to life, the Saviour rose,  
To conquer all our earthly woes.

In Jesus' name, our hope is found,  
As grace and mercy now abound.  
With grateful hearts and spirits free,  
We celebrate His victory.



*a Heartfelt* 



**TO OUR VOLUNTEERS!**

## Special Dates

April is Occupational Therapy Month  
Administrative Professionals Day  
**April 22, 2026**

National Hairstylist Appreciation Day  
**April 25, 2026**

## National Volunteer Week

April 19–25, 2026

To our incredible volunteers: thank you for giving so much of your time and heart this National Volunteer Month—your dedication truly makes our community a better place!





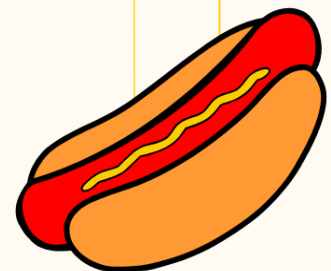
**EMPLOYEE ACTIVITIES  
COMMITTEE  
HOT DOG & HAMBURGER  
FUNDRAISER**

**WHEN: WEDNESDAY, APRIL 15, 2026**

**TIME: 11:00 A.M. -1:00 P.M.**

**WHERE: MULTIPURPOSE ROOM**

**Indulge in a delicious  
burger or hotdog with  
chips, drink and cookie.  
Perfect for satisfying your  
cravings! Proceeds benefit  
the Employee Christmas  
Party.**



**\$6.00**



*WVU OLLI Class*  
*Medication Safety Made Easy*

Thursday, April 16th  
10:00 a.m. – 12:00 p.m.  
Multipurpose Room

This session offers practical, easy-to-follow tips to help manage your medications. We will discuss the West Virginia Poison Center, how to take medicine safely and how to avoid mix-ups. We want to help you stay safe and in control of your medications.

Seating is limited. Edgewood Summit residents need to contact the Lifestyles Department to sign up at (304) 347-1955 or (304) 347-1942.

*Thanks for Making a Difference!*

Our residents have been 'secret Easter bunnies' this month! A huge shoutout to the Edgewood Summit community for stuffing over 30,000 Easter eggs. These treats are headed to the annual Easter egg hunts in both Charleston and South Charleston to help make the holiday special for local children. We love seeing our residents connect with the greater community in such a fun and meaningful way.



## Share Your Story: Edgewood Summit Residents' Collection Display



Edgewood Summit residents are invited to showcase their personal collections! Whether you collect coins, stamps, tea cups, election buttons, antique quilts, or baskets, this is a wonderful opportunity to foster community, share your personal history, and spark meaningful conversations with your neighbors.

If you are interested in sharing your collection, please complete a registration form by Tuesday, April 21, 2026. Setup will take place on April 28, 2026, between 9:00 am and 11:00 am. Please note that participants are responsible for setting up and managing their own tables before, during, and after the event.

## YOU ARE INVITED TO Retirement Party

In Honor of  
*Connie Hudson*



Wednesday, April 29, 2026  
2:00 p.m.  
2nd Floor

Join us at Edgewood Summit to honor Connie Hudson on her retirement! We're celebrating her 13 years of dedication as Dining Services Manager at the Arthur B. Hodges Center. Let's wish her the very best as she starts this new chapter.

# SPRING FLING WITH ARLEN

Thursday

April 30, 2026

3:00 p.m.—5:00 p.m.

Multipurpose Room

You're invited to celebrate the start of the season at our Spring Dance! We're thrilled to have Arlen Bishop providing the soundtrack for the afternoon. Grab your friends and join us for a wonderful night of music and movement



## *Tell Us More*

Please tell Edgewood Summit's team what is on your mind. Use the space below to ask a question, share a comment, make a suggestion or identify a topic that needs more attention. Your signature is optional but helpful if we need to ask a follow-up question or get back to you personally. Submit this section to the Receptionist in either Independent Living, The Ridgemont or Arthur B. Hodges Center. Thank you.

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Resident Signature (optional) \_\_\_\_\_ Date \_\_\_\_\_