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JOIN US FOR SOME SHOPPING!
 Edgewood Summit
 SATURDAY | DECEMBER 2, 2023 | 10:00 AM - 2:00 PM
 Santa's workshop is the place to shop for those hard-to-find treasures! Edgewood Summit will fuel those finds with our wonderful vendors for Santa's Workshop.



10:00 Balance Class
11:00 Silver & Strong Class
 1:00 Shopping @ Walmart (*)
1:30 Catholic Mass
2:00 Cardio Drumming with Tony Hill
 7:15 Movie

10:00 - 2:00 PM Santa's Workshop
 1:00 Channel 96: Seated Exercises
 1:30 Channel 96: Balance Skills & Drill
6:45 WV Symphony "Sounds of The Season" (*)
 7:15 Movie

9:00 Church Shuttle (*)
 10:00 Channel 96: Catholic Mass
 10:30 Church Shuttle (*)
11:00 Spiritual Service
 1:00 Channel 96: Seated Exercises
 1:30 Channel 96: Balance Skills & Drill
1:30 First Presbyterian Church Communion
2:30 Channel 96: I, II & III John Bible Study for Beginners
3:00 Catholic Mass with Fr. John Finnell
 6:00 Movie

10:00 Balance Class
11:00 Silver & Strong Class
 2:00 Bingo
 2:00 Channel 96: Gentle Yoga
3:30 Conversations in French and French Culture with Frank Martin
7:15 Holiday Music w/Bill Bryan

10:00 Sittercise
11:00 Lunch Outing to Fife Street Brewery (*)
11:00 Sing-A-Long to the Oldies
 1:00 Channel 96: Seated Exercises
 1:30 Channel 96: Balance Skills & Drills
 1:45 Kroger (*)
2:00 Cardio Drumming with Tony Hill
 7:15 Movie

10:00 Balance Class
11:00 A Room With Many Views w/ Rev. Jim Lewis
 2:00 Bingo
 3:30 Golf
7:15 Lincoln County Cloggers Holiday Program

Pearl Harbor
10:00 Oil & Acrylic Class w/ Sharon McClanahan
 10:00 Sittercise
11:00 Advent Study w/ Rev. Dr. Jay Parkins
 12:30 Alterations w/Carolyn
 1:00 Channel 96: Gentle Yoga
 1:45 Kroger (*)
6:15 Charleston Christmas Parade (*)

Hanukkah
 10:00 Balance Class
11:00 Silver & Strong Class
 1:00 Shopping @ Dollar Tree & Big Lots (*)
2:00 Cardio Drumming with Tony Hill
3:00 Farewell & Thank You Party for Karen Finney
 3:30 Golf

10:00 Sittercise
 1:00 Channel 96: Seated Exercises
 1:30 Channel 96: Balance Skills & Drill
2:00 4:00 PM Tom Wills Celebration of Life Reception
 7:15 Movie

9:00 Church Shuttle (*)
 10:00 Channel 96: Catholic Mass
 10:30 Church Shuttle (*)
 11:00 Channel 96: Spiritual Service w/ Dr. Charles Stanley
11:00 Spiritual Service
 1:00 Channel 96: Seated Exercises
 1:30 Channel 96: Balance Skills & Drill
2:30 Channel 96: I, II & III John Bible Study for Beginners
3:00 Catholic Communion
 6:00 Movie

10:00 Balance Class
11:00 Silver & Strong Class
 2:00 Bingo
 2:00 Channel 96: Gentle Yoga
3:30 Conversations in French and French Culture with Frank Martin
7:15 Trinity Evangelical Lutheran Church Bell Ringers

10:00 Sittercise
10:30 First Presbyterian Church Bible Study
 1:00 Channel 96: Seated Exercises
1:00 Holy Communion With St. Marks Methodist Church
 1:30 Channel 96: Balance Skills & Drills
 1:45 Kroger (*)
2:00 Cardio Drumming with Tony Hill
4:00 First Presbyterian Church Christmas Caroling
7:15 Holiday Music w/ David Haas

10:00 Balance Class
11:00 A Room With Many Views w/ Rev. Jim Lewis
11:00 Live Greenery Table Arrangement Workshop (*)
1:30 Dementia & Alzheimer's Support Group
 2:00 Bingo
2:00 Check Cashing
 3:30 Golf

10:00 Oil & Acrylic Class w/ Sharon McClanahan
 10:00 Sittercise
11:00 Advent Study w/ Rev. Dr. Jay Parkins
 1:00 Channel 96: Gentle Yoga
 1:45 Kroger (*)

10:00 Balance Class
11:00 Silver & Strong Class
1:00 Afternoon Holiday Music Program
 1:00 Shopping @ Drug Emporium (*)
2:00 Cardio Drumming with Tony Hill
 3:30 Golf
 7:15 Movie

10:00 Sittercise
 1:00 Channel 96: Seated Exercises
 1:30 Channel 96: Balance Skills & Drill
6:45 WV Symphony Symphonic Series "Magnificent Messiah" (*)
 7:15 Movie

9:00 Church Shuttle (*)
 10:00 Channel 96: Catholic Mass
 10:30 Church Shuttle (*)
 11:00 Channel 96: Spiritual Service w/ Dr. Charles Stanley
11:00 Spiritual Service
 1:00 Channel 96: Seated Exercises
 1:30 Channel 96: Balance Skills & Drill
2:30 Channel 96: I, II & III John Bible Study for Beginners
3:00 Catholic Communion
 6:00 Movie

10:00 Balance Class
11:00 Silver & Strong Class
1:00 Monthly Birthday Celebration
 2:00 Bingo
 2:00 Channel 96: Gentle Yoga
3:00 Kanawha Humane Association Pet Visits
3:30 Conversations in French and French Culture with Frank Martin
5:30 Parkinsons Support Group Meeting at Blessed Sacrament (*)
7:15 Senior Moments Holiday Program

10:00 Sittercise
11:00 Lunch Outing to First Watch (*)
11:00 Sing-A-Long with Phyllis
 1:00 Channel 96: Seated Exercises
 1:30 Channel 96: Balance Skills & Drills
 1:45 Kroger (*)
2:00 Cardio Drumming with Tony Hill
3:00 Ugly Sweater Dance with Arlen Bishop
7:30 Holiday Concert by the Charleston Metro Band

10:00 Balance Class
11:00 A Room With Many Views w/ Rev. Jim Lewis
1:30 First Presbyterian Church Meeting
 2:00 Bingo
 3:30 Golf
4:00 Dinner at Diehl's & St. Albans Festival of Lights (*)

10:00 Oil & Acrylic Class w/ Sharon McClanahan
 10:00 Sittercise
11:00 Advent Study w/ Rev. Dr. Jay Parkins
11:00 Blood Pressure Check
 12:30 Alterations w/Carolyn
 1:00 Channel 96: Gentle Yoga
1:00 White Elephant Christmas Party
 1:45 Kroger (*)

10:00 Balance Class
11:00 Silver & Strong Class
 1:00 Shopping @ Target Plaza & Kohls Plaza (*)
2:00 Cardio Drumming with Tony Hill
 3:30 Golf
 7:15 Movie

10:00 Sittercise
11:00 Light Opera Guild presents "Elf The Musical" (*)
 1:00 Channel 96: Seated Exercises
 1:30 Channel 96: Balance Skills & Drill
 7:15 Movie

Christmas Eve
 Dining Hours 12-2:30
 9:00 Church Shuttle (*)
 10:00 Channel 96: Catholic Mass
 10:30 Church Shuttle (*)
 11:00 Channel 96: Spiritual Service w/ Dr. Charles Stanley
11:00 Spiritual Service
 1:00 Channel 96: Seated Exercises
 1:30 Channel 96: Balance Skills & Drill
2:30 Channel 96: I, II & III John Bible Study for Beginners
3:00 Catholic Communion
 6:00 Movie

Christmas Day Dining Hours 12-2:30
 2:00 Channel 96: Gentle Yoga
3:00 Movie: Elf
7:15 Movie: National Lampoons Christmas Vacation

Kwanzaa
 10:00 Sittercise
 1:00 Channel 96: Seated Exercises
 1:30 Channel 96: Balance Skills & Drills
 1:45 Kroger (*)
2:00 Cardio Drumming with Tony Hill
 7:15 Movie

10:00 Balance Class
10:30 Massages by The Massage & Reiki Center (*)
11:00 A Room With Many Views w/ Rev. Jim Lewis
 2:00 Bingo
2:00 Check Cashing
 3:30 Golf

10:00 Oil & Acrylic Class w/ Sharon McClanahan
 10:00 Sittercise
11:00 Bible Study w/ Rev. Dr. Jay Parkins
 1:00 Channel 96: Gentle Yoga
1:00 Private Caregiver Meeting
 1:45 Kroger (*)

10:00 Balance Class
11:00 Silver & Strong Class
2:00 Cardio Drumming with Tony Hill
 3:30 Golf
 7:15 Movie

10:00 Sittercise
 1:00 Channel 96: Seated Exercises
1:00 Spumoni Ice-Cream Social
 1:30 Channel 96: Balance Skills & Drill
 7:15 Movie

New Year's Eve
 9:00 Church Shuttle (*)
 10:00 Channel 96: Catholic Mass
 10:30 Church Shuttle (*)
 11:00 Channel 96: Spiritual Service w/ Dr. Charles Stanley
11:00 Spiritual Service
 1:00 Channel 96: Seated Exercises
 1:30 Channel 96: Balance Skills & Drill
2:30 Channel 96: I, II & III John Bible Study for Beginners
3:00 - 5:00 PM Little Big Band Trio
9:00 - 12:00 PM Stolen Moments Band



New Year's Eve Party
 Welcome
2024
 3:00-5:00 Little Big Band Trio Multipurpose Room
 9:00 p.m. - 12:00 p.m. Stolen Moments Multipurpose Room



Please use the registration sheet to sign up for any event with an asterisk (*) next to it.

December 2023



IL Print
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